

Communication Cards

English / Amharic

Version 2023 12up



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ይህ መረጃ የተጠናቀረው በአረጋውያን የባህል ብዝሃነት ማእከል በ 2023 ነው።

ይህ ህትመት ፈንድ የተደረገው በጽድቅ ምንጮች የጤና እና አረጋውያን እንክብካቤ ክፍል ነው።

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Breakfast



ቁርስ

ku-rs

Breakfast



ቁርስ

ku-rs

Breakfast



ቁርስ

ku-rs

Lunch



ምሳ

mi-sa

Lunch



ምሳ

mi-sa

Dinner



እራት

e-rat

Dinner



እራት

e-rat

Fish



ዓሳ

a-sa

Chicken



ዶሮ

do-ro

Beef



የኩብት ስጋ

ye-ke-bit si-ga

Lamb



የበግ ስጋ

ye-beg si-ga

Pork



የአሳማ ስጋ

ye-a-sama si-ga

Water



ውኃ

wu-ha

Juice



ጆስ

ju-s

Tea



ሻይ

sha-y

Sugar



ስኳር

si-kuar

Milk



ወተት

we-tet

Coffee



ቡና

bu-na

Beer



ቢራ

bi-ra

Wine



ወይን

we-yin

Vegetarian



አትክልት ተመጋቢ

a-tikel-t te-me-gabi

Kosher



ኮሻር

ko-she-r

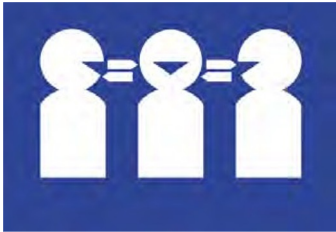
Halal



ሀላል

ha-la-l

Interpreter



አስተርጓሚ
as-ter-gua-mi

Family



ቤተሰብ
be-te-seb

Priest



ቄስ
ke-s

Rabbi



የአይሁድ ካህን
yeayhud kahn

Imam



ኢማም
i-mam

Priest



ቄስ
ke-s

Nurse



ነርስ
ne-r-s

Doctor



ዶክተር
do-k-ter

Monk



መነኩሴ
mene-kuse

Physiotherapist



የፊዚዮቴራፒ ባለሙያ
ye-fizi-yo-tera-pi bale-muya

Massage



ማሳጅ
ma-saj

Podiatrist



የእግር ሐኪም
ye-igir ha-kim

Shower



ገላ መታጠብያ
ge-la me-ta-tebiya

Toilet



መጽዳኝ ቤት
me-tse-daja be-t

Wash Hands



እጅ ይታጠቡ
i-ji yi-ta-tebu

Clean Teeth



ጥርስ ያጽዱ
ti-ris ya-ts-du

Clean Room



ክፍል ያጽዱ
ki-fil ya-ts-du

Get Up



ይነሱ
yi-nesu

Get Dressed



ልብስ ይልበሱ
li-bs yil-besu

Get Dressed



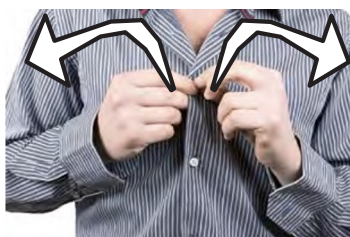
ልብስ ይልበሱ
li-bs yil-besu

Get Undressed



ልብስ ያውልቁ
li-bs yaw-li-ku

Get Undressed



ልብስ ያውልቁ
li-bs yaw-li-ku

Rest



እረፍት ያድርጉ
i-ref-t ya-dir-gu

Sleep



ይተኙ
yi-te-gnu

Exercise



የአካል ብቃት እንቅስቃሴ ያድርጉ
ye-a-kal bi-kat in-kis-ka-se
ya-dir-gu

Activities



እንቅስቃሴዎች
in-kisi-kaswoch

Go for a Walk



በእግሮ ይንቀሳቀሱ
beegro ynqesagesu

Go to the Garden



ወደ አትክልት ስፍራ ይሂዱ
we-de a-ti-kil-t si-fira y hi-du

Telephone



ስልክ
sil-k

Radio



ራዲዮ
ra-di-yo

Music



ሙዚቃ
mu-zi-ka

Film



ፊልም
fi-lm

TV



ቲቪ
ti-vi

Taxi



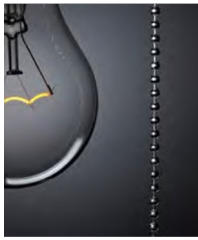
ታክሲ
ta-ksi

Light On



መብራት ያብሩ
me-b-rat ya-biru

Light Off



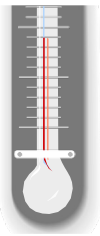
መብራት ያጥፉ
me-b-rat ya-tifu

What Time?



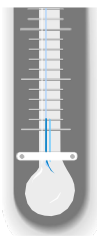
ሰንት ሰዓት?
si-nit se-a-t?

Hot



ትኩስ
ti-kus

Cold



ቀዝቃዛ
kez-ka-za

Like



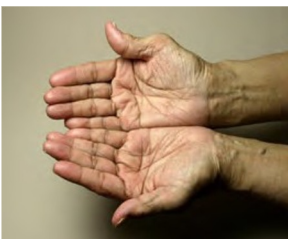
መውደድ
me-w-ded

Dislike



አለመውደድ
a-le-me-w-ded

Want



መፈለግ
me-fe-leg

Don't Want



አለመፈለግ
ale-me-fe-leg

Book



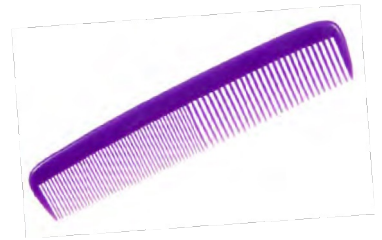
መፅሐፍ
me-ts-haf

Glasses



መነፅር
me-ne-tsr

Comb



ማበጠርያ
ma-be-teriya

Watch



ሰዓት
se-a-t

Jewellery



ጌጣጌጥ
ge-ta-get

Makeup



ሜካፕ
me-ka-p

Hearing Aid



ኢጋዥ መስሚያ
a-ga-zhi me-smi-ya

Dentures



የጥርስ ተክላ
ye-tirs te-ke-la

Incontinence Pad



ሽንት ያለመቋጠር ፓድ
sh-nt yale-me-kua-ter pa-d

Tissues



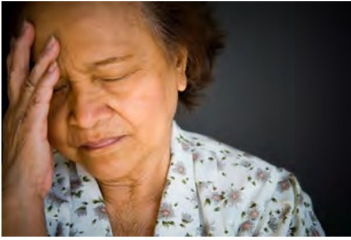
ቲሹዎች
ti-shu-woch

Pillow



ትራስ
ti-ra-s

Pain



ህመም

hi-mem

Pain Killer



የህመም ማስታገሻ

ye-hi-mem mas-ta-gesha

Medication



መድሃኒት

med-ha-nit

Walking Stick



የመራመጃ ዱላ

ye-mera-meja du-la

Walking Frame



የመራመጃ ክፈፍ

ye-mera-meja ki-fef

Wheeled Walker



ባለጎማ መራመጃ

bale-goma mera-meja

Wheelchair



ተሽከርካሪ ወንበር

tesh-ker-kari wen-ber

Umbrella



ኃንጥላ

zhan-ti-la

Dressing Gown



የልብስ መልበሻ ጋዋን

ye-li-bs mel-be-sha gawan

Sleepwear



የመኝታ ልብስ

ye-megni-ta li-bs

Slippers



ሲሊፐር

si-li-per

Underwear



ፓንት

pa-nit

Socks



ካልሲ

kal-si

Shirt



ሻሚዝ

she-miz

Trousers



ሱሪ

su-ri

Skirt



አጭር ቀሚስ

ach-r ke-mis

Dress



ቀሚስ

ke-mis

Jumper



ጃምፐር

jam-per

Shoes



ጫማዎች

cha-ma-woch

Coat



ኮት

ko-t