

Communication Cards

English / Amharic

Version 2023 4up



This information was compiled by the Centre for Cultural Diversity in Ageing in 2023.

This publication was funded by the Australian Government Department of Health and Aged Care.

ይህ መረጃ የተጠናቀረው በአረጋውያን የባህል ብዝሃነት ማእከል በ 2023 ነው።

ይህ ህትመት ፈንድ የተደረገው በጽድቅ-ሥራ መንግስት የጤና እና አረጋውያን እንክብካቤ ክፍል ነው።

© Centre for Cultural Diversity in Ageing 2023.

Breakfast



ቁርስ

ku-rs

Breakfast



ቁርስ

ku-rs

Breakfast



ቁርስ

ku-rs

Lunch



ምሳ

mi-sa

Lunch



ምሳ

mi-sa

Dinner



እራት

e-rat

Dinner



እራት

e-rat

Fish



ዓሳ

a-sa

Chicken



ዶሮ

do-ro

Beef



የኩብት ስጋ

ye-ke-bit si-ga

Lamb



የበግ ስጋ

ye-beg si-ga

Pork



የአሳማ ስጋ

ye-a-sama si-ga

Water



ውኃ

wu-ha

Juice



ጅስ

ju-s

Tea



ሻይ

sha-y

Sugar



ስኳር

si-kuar

Milk



ወተት

we-tet

Coffee



ቡና

bu-na

Beer



ቢራ

bi-ra

Wine



ወይን

we-yin

Vegetarian



አትክልት ተመጋቢ
a-tikel-t te-me-gabi

Kosher



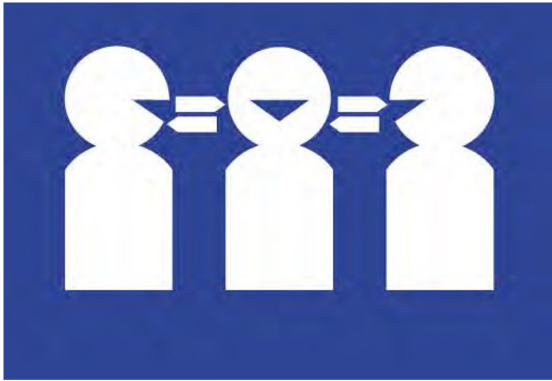
ኮሻር
ko-she-r

Halal



ሀላል
ha-la-l

Interpreter



አስተርጓሚ

as-ter-gua-mi

Family



ቤተሰብ

be-te-seb

Priest



ቄስ

ke-s

Priest



ቄስ

ke-s



Rabbi



የአይሁድ ካህን

yeayhud kahn

Imam



ኢማም

i-mam

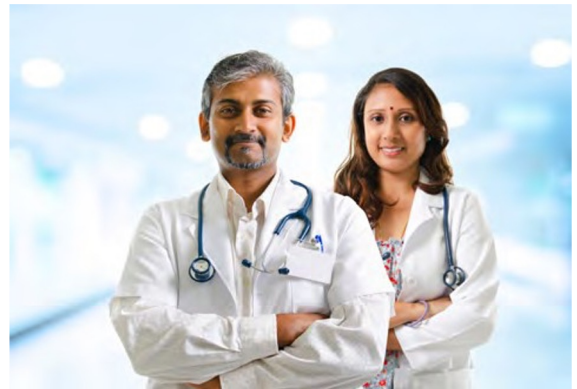
Monk



መነኩሴ

mene-kuse

Doctor



ዶክተር

do-k-ter

Nurse



ነርስ

ne-r-s

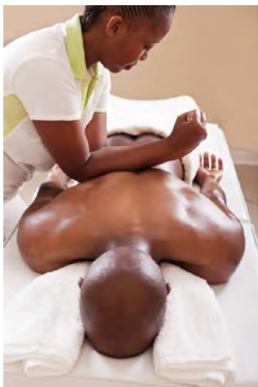
Physiotherapist



የፊዚዮቴራፒ ባለሙያ

ye-fizi-yo-tera-pi bale-muya

Massage



ማሳጅ

ma-saj

Podiatrist



የእግር ሐኪም

ye-igir ha-kim



Shower



ገላ መታጠብያ

ge-la me-ta-tebiya

Toilet



መጸዳጃ ቤት

me-tse-daja be-t

Wash Hands



እጅ ይታጠቡ

i-ji yi-ta-tebu

Clean Teeth



ጥርስ ያጽዱ

ti-ris ya-ts-du



Centre for
Cultural Diversity
in Ageing

Supported by Benetas

English Language Communication Cards

የአማርኛ ቋንቋ የግንኙነት ካርዶች

Clean Room



ክፍል ያጽዱ

ki-fil ya-ts-du

Get Up



ይነሱ

yi-nesu

Get Dressed



ልብስ ይልበሱ
li-bs yil-besu

Get Dressed



ልብስ ይልበሱ
li-bs yil-besu

Get Undressed



ልብስ ያውልቁ
li-bs yaw-li-ku

Get Undressed



ልብስ ያውልቁ
li-bs yaw-li-ku

Rest



እረፍት ያድርጉ

i-ref-t ya-dir-gu

Sleep



ይተኙ

yi-te-gnu

Exercise



የአካል ብቃት እንቅስቃሴ ያድርጉ

ye-a-kal bi-kat in-kis-ka-se ya-dir-gu

Activities



እንቅስቃሴዎች

in-kisi-kaswoch



Go to the Garden



ወደ አትክልት ስፍራ ይሂዱ

we-de a-ti-kil-t si-fira y hi-du

Go for a Walk



በእግሮ ይንቀሳቀሱ

beegro ynqesaqesu

Telephone



ስልክ

sil-k

Taxi



ታክሲ

ta-ksi

Radio



ራዲዮ

ra-di-yo

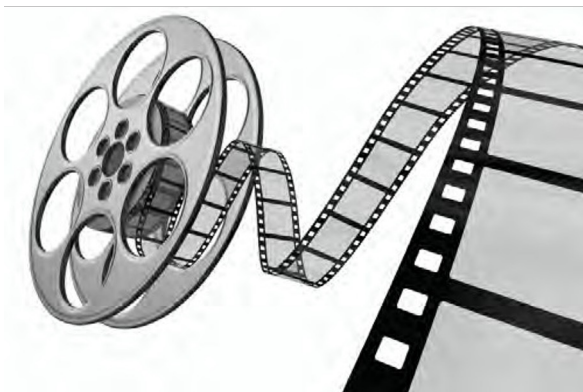
Music



ሙዚቃ

mu-zi-ka

Film



ፊልም

fi-lm

TV



ቲቪ

ti-vi

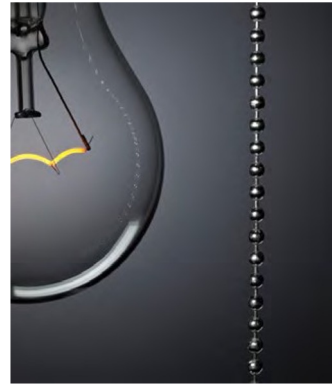
Light On



መብራት ያብሩ

me-b-rat ya-biru

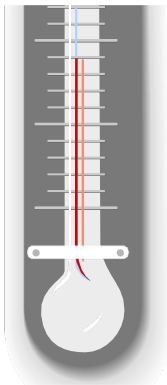
Light Off



መብራት ያጥፉ

me-b-rat ya-tifu

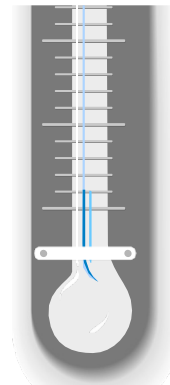
Hot



ትኩስ

ti-kus

Cold



ቀዝቃዛ

kez-ka-za

Like



መውደድ

me-w-ded

Dislike



አለመውደድ

a-le-me-w-ded

Want



መፈለግ

me-fe-leg

Don't Want



አለመፈለግ

ale-me-fe-leg



Centre for
Cultural Diversity
in Ageing

Supported by Benetas

English Language Communication Cards

የአማርኛ ቋንቋ የግንኙነት ካርዶች

What Time?



ሰንት ሰዓት?

si-nit se-a-t?

Book



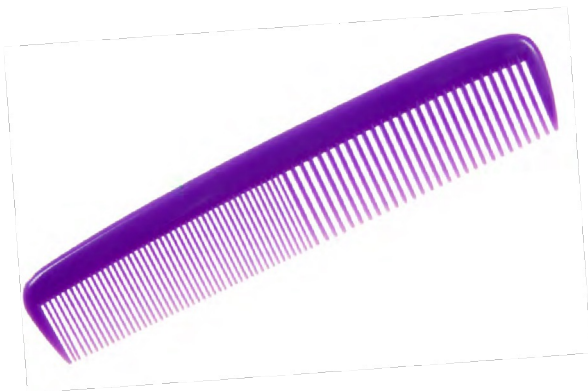
መፅሐፍ
me-ts-haf

Glasses



መንፅር
me-ne-tsr

Comb



ማበጠርያ
ma-be-teriya

Makeup



ሜካፕ
me-ka-p

Watch



ሰዓት

se-a-t

Jewellery



ጌጣጌጥ

ge-ta-get

Hearing Aid



አጋኝ መስሚያ

a-ga-zhi me-smi-ya

Dentures



የጥርስ ተክላ

ye-tirs te-ke-la

Tissues



ቲሹዎች

ti-shu-woch

Incontinence Pad



ሸንት ያለመቋጠር ፓድ

sh-nt yale-me-kua-ter pa-d

Pillow

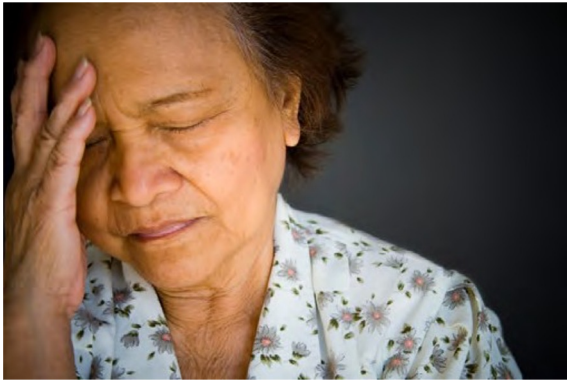


ትራስ

ti-ra-s



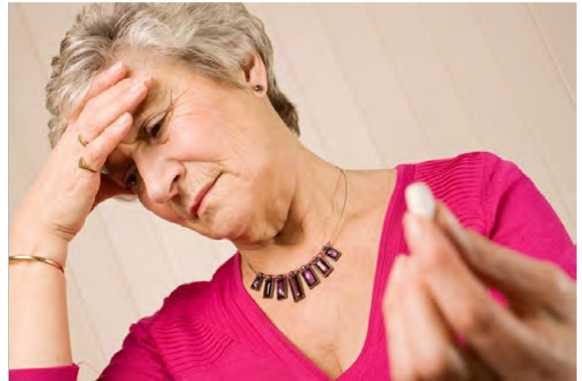
Pain



ህመም

hi-mem

Painkiller



የህመም ማስታገሻ

ye-hi-mem mas-ta-gesha

Medication



መድሃኒት

med-ha-nit

Umbrella



ካንጥላ

zhan-ti-la

Walking Stick



የመራመጃ ዱላ

ye-mera-meja du-la

Walking Frame



የመራመጃ ክፈፍ

ye-mera-meja ki-fef

Wheeled Walker



ባለጎማ መራመጃ

bale-goma mera-meja

Wheelchair



ተሽከርካሪ ወንበር

tesh-ker-kari wen-ber

Dressing Gown



የልብስ መልበሻ ጋዋን

ye-li-bs mel-be-sha gawan

Sleepwear



የመኝታ ልብስ

ye-megni-ta li-bs

Slippers



ሲሊፐር

si-li-per

Underwear



ፓንት

pa-nit



Shirt



ሸሚዝ

she-miz

Dress



ቀሚስ

ke-mis

Trousers



ሱሪ

su-ri

Skirt



አጮር ቀሚስ

ach-r ke-mis

Socks



ካልሲ

kal-si

Shoes



ጫማዎች

cha-ma-woch

Jumper



ጃምፐር

jam-per

Coat



ኮት

ko-t