

# Communication Cards

English / Chinese Simplified

Version 2023 4up



This information was compiled by the Centre for Cultural Diversity in Ageing in 2023.

This publication was funded by the Australian Government Department of Health and Aged Care.

本信息由老龄化文化多样性中心于 2023 年编纂。

本出版物获得了澳大利亚卫生和老年护理部的资助。

© Centre for Cultural Diversity in Ageing 2023.



## Breakfast



早餐

tsao tsan

## Breakfast



早餐

tsao tsan

## Breakfast



早餐

tsao tsan

## Lunch



午餐

wu tsan

Lunch



午餐

wu tsan

Dinner



晚餐

wan tsan

Dinner



晚餐

wan tsan

Fish



鱼肉

yu rou

Chicken



鸡肉

ji rou

Beef



牛肉

nyou rou

Lamb



羊肉

yang rou

Pork



猪肉

tzu rou

Water



水

shwei

Juice



果汁

gwo jr

Tea



茶

cha

Sugar



糖

tang



Milk



牛奶

nyou nai

Coffee



咖啡

ka fei

Beer



啤酒

pi jyou

Wine



红酒

hong jyou

## Vegetarian



素食

su shr

## Kosher



犹太洁食

you tai jr shr

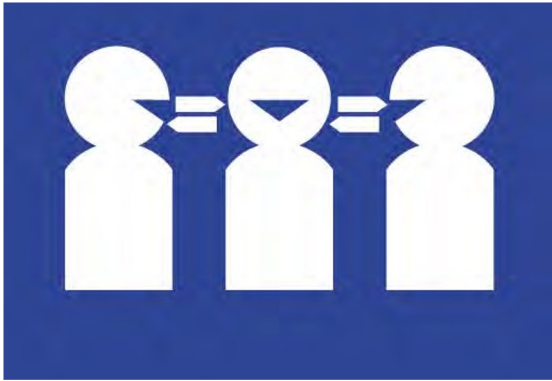
## Halal



清真食品

ching jren shr pin

## Interpreter



口译员

kou yee yuan

## Family



家庭

jia ren

## Priest



神父

shen foo

## Priest



神父

shen foo



Rabbi



拉比 (老师)

la bi (lau shr)

Imam



伊玛目

yi ma moo

Monk



僧人

seng ren

Doctor



医生

yi sheng



## Nurse



护士

hoo shr

## Physiotherapist



物理治疗师

woo lee tzhi liao shr

## Massage



按摩

an mo

## Podiatrist



足科医师

tsu ke yi shr



## Shower



洗澡

sgi tsao

## Toilet



如厕

roo tse

## Wash Hands



洗手

sgi shou

## Clean Teeth



刷牙

shwa ya



Clean Room



打扫房间

da sau fang jyan

Get Up



起身

chi shen

Get Dressed



穿衣

chwan yi

Get Dressed



穿衣

chwan yi

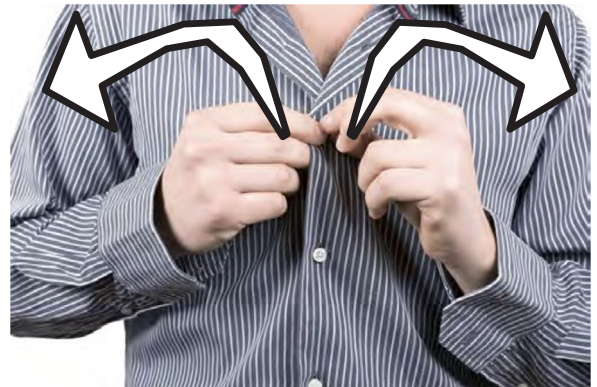
Get Undressed



脱衣

two yi

Get Undressed



脱衣

two yi





## Rest



休息

shiu shi

## Sleep



睡觉

shwei jiau

## Exercise



运动

yun dong

## Activities



活动

hwo dong

Go to the Garden



去花园

chyu hwa ywan

Go for a Walk



散步

shan boo

Telephone



电话

dyan hwa

Taxi



出租车

tshu tzu che

Radio



电台

dyan tai

Music



音乐

yin ywu

Film



电影

dyan ying

TV



电视

dyan shr

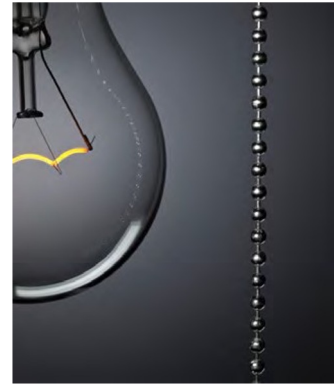
Light On



开灯

kai deng

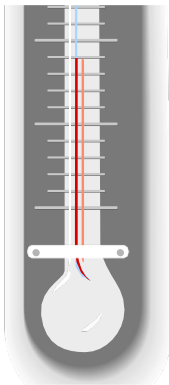
Light Off



关灯

gwan deng

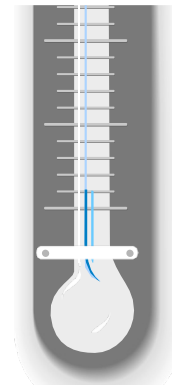
Hot



热

rer

Cold



冷

leng

Like



喜欢

shi hwan

Dislike



不喜欢

boo shi hwan

Want



想要

shiang yao

Don't Want



不想要

boo shiang yao



What Time?



几点了?

ji dian le



Book



书

shoo

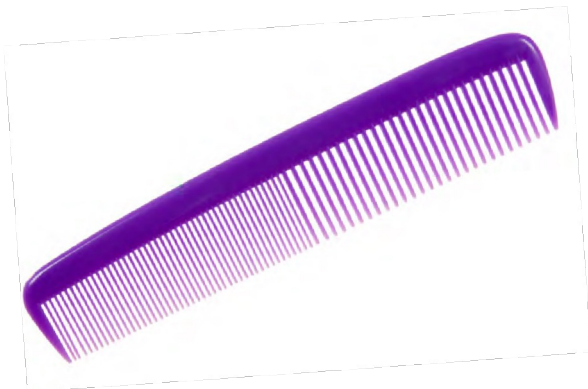
Glasses



眼镜

yan jing

Comb



梳子

shoo tz

Makeup



化妆品

hwa tzhwang pin

## Watch



表

biau

## Jewellery



首饰

shou shr

## Hearing Aid



助听器

tzhu ting chi

## Dentures



假牙

jia ya



## Tissues



纸巾

tzhi jin

## Incontinence Pad



尿垫

niau dian

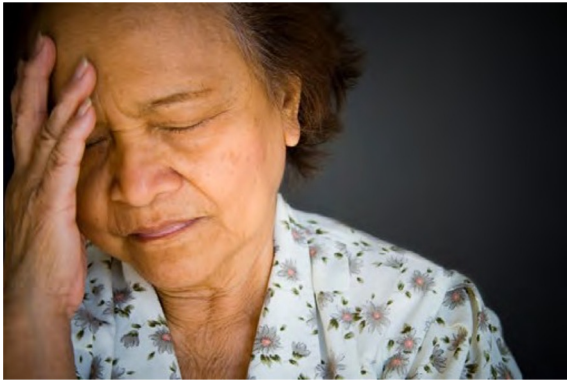
## Pillow



枕头

tzhen tow

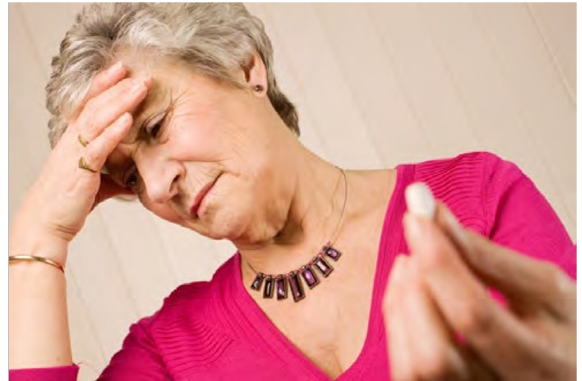
Pain



疼痛

teng tong

Painkiller



止痛药

tzhi tong yau

Medication



药物

yau woo

Umbrella



雨傘

yu san



Walking Stick



拐杖

gwai tzhang

Walking Frame



助行架

tzhoo xing jia

Wheeled Walker



轮式助行器

lwn shr tzhoo xing chi

Wheelchair



轮椅

lwn yi

## Dressing Gown



睡袍

shwei pau

## Sleepwear



睡衣

shwei yi

## Slippers



拖鞋

two sye

## Underwear



內衣內褲

nei yi nei koo

Shirt



衬衣  
chen yi

Dress



连衣裙  
lian yi qwn

Trousers



裤子  
koo tz

Skirt



短裙  
dwan qwn

Socks



袜子

wa tz

Shoes



鞋子

shie tz

Jumper



套头衫

tau tou shan

Coat



外套

wai tau