

# Bilingual Phrase Cards

## Czech/English

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**Dobrý den/Nashledanou.**

Hello/Goodbye.

do-bree den/nuh-skhle-duh-noh.

Czech

**Vítejte.**

Welcome.

vee-tay-te.

Czech

**Dobré ráno.**

Good morning.

do-breh rah-no.

Czech

**Dobré odpoledne.**

Good afternoon.

do-breh ot-po-led-ne.

Czech

**Všechno nejlepší  
k narozeninám!**

Happy Birthday!

vshe-khno nay-lep-shee k nuh-ro-ze-nyi-nahm!

Czech

**Všechno nejlepší k výročí!**

Happy Anniversary!

vshe-khno nay-lep-shee k vee-ro-tchee!

Czech

**Veselé Vánoce!**

Merry Christmas!

ve-se-leh vah-no-tse!

Czech

**Šťastný Nový rok!**

Happy New Year!

shtyast-nee no-vee rok!

Czech

**Mockrát Vám děkuji.**

Thank you so much.

mots-kraht vahm dye-koo-yi.

Czech

**Není zač.**

You're welcome.

ne-nyee zuhtch.

Czech

**Jmenuji se...  
Budu se o Vás dnes starat.**

My name is...  
I will be caring for you today.

yme-noo-yi se...  
buu-duu se o vahs dnes stuh-ruht.

Czech

**Promiňte, že Vás vyrušuji.**

Sorry for disturbing you.

prominy-teh zhe vahs vi-ruu-shuu-yi.

Czech

**Omlouvám se.**

I am sorry.

o-mloh-vahm se.

Czech

**Jak se máte?**

How are you?

yuhk se mah-te?

Czech

**Jak se dnes cítíte?**

How are you feeling today?

yuhk se dnes tsee-tyee-te?

Czech

**Pojdte, začneme!**

Come on dear,  
Let's get started!

poydy-te, zuh-chne-me!

Czech

**Byl(a) bych moc rád(a),  
kdybyste mi pomohl(a).**

I would love you to help me.

bil(uh) bikh mots rahd-(uh) kdi-bis-te mi po-mo-hl-(uh).  
((a) = female)

Czech

**Můžete mi pomoci?**

Can you help me, please?

moo-zhe-te mi po-mo-tsi?

Czech

**Pomůžu Vám.**

I will help you.

po-moo-zhu vahm.

Czech

**Chtěl(a) byste  
se osprchovat?**

Would you like to have a shower?

khtyel(uh) bis-te se os-pr-kho-vuht?  
((a) = female)

Czech

**Co byste si  
chtěl(a) obléci?**

What would you like to wear?

tso bis-te si khtyel(uh) obleh-tsi?  
((a) = female)

Czech

**Tady je mýdlo.**

Here is the soap.

tuh-di ye mee-dlo.

Czech

**Zkuste vodu.**

Touch the water.

skuus-te vo-duu.

Czech

**Je ta voda horká  
nebo studená?**

Is the water hot or cold?

ye tuh vo-duh hor-kah ne-bo stuu-de-nah?

Czech

**Je po sprše.**

Showering is finished.

ye po spr-she.

Czech

**Já vás teď osuším.**

Let me dry your body.

yah vahs tedy o-suu-sheem.

Czech

**Pomůžu Vám s oblékáním.**

Let me help you get dressed.

po-moo-zhuu vahm s o-bleh-kah-nyeem.

Czech

**Hotovo.**

**Ted' vypadáte báječně!**

Done.  
Now you look great!

ho-to-vo.  
tedy vi-puh-dah-te bah-yetch-nye!

Czech

**Jste hotov(a)?**

Are you ready?

yste ho-tov(uh)?  
((a) = female)

Czech

**Potřebujete jít na záchod?**

Do you need the toilet?

po-trze-buu-ye-te yeet nuh zah-khod?

Czech

**Půjdu s Vámi do jídelny.**

I will walk with you to the dining room.

pooy-duu s vah-mi do yee-del-ni.

Czech

**Posad'me se na židli.**

Let's sit down on the chair, please.

po-sady-me se nuh zhi-dli.

Czech

**Jdeme do Vašeho pokoje.**

We are going to your room.

yde-me do vuhsheh-ho po-ko-ye.

Czech

**Jdeme na záchod.**

We are going to the toilet.

yde-me nuh zah-khod.

Czech

**Tohle je Váš záchod.**

This is your toilet.

to-hle ye vah-sh zah-khod.

Czech

**Tohle je Vaše koupelna.**

This is your bathroom.

to-hle ye vuh-she koh-pel-nuh.

Czech

**Tohle je Váš pokoj.**

This is your room.

to-hle ye vahsh po-koy.

Czech

**Pomůžu Vám  
se převléknout.**

Let me change your clothes.

po-moo-zhuu vahm se prze-vleh-knoht.

Czech

**Jděte prosím spát.**

Please go to sleep.

ydye-te pro-seem spaht.

Czech

Dobrou noc.

Good night.

do-broh nots.

Czech

**Je čas na snídani.**

It is breakfast time.

ye chuhs nuh snyee-duh-ni.

Czech

**Je čas na dopolední/  
odpolední svačinu.**

It is time for morning/afternoon tea.

ye chuhs nuh do-po-le-dnyee/  
ot-po-led-nyee sva-chi-nuu.

Czech

**Je čas na oběd.**

It is lunch time.

ye chuhs nuh obyet.

Czech

**Je čas na večeři.**

It is dinner time.

ye chuhs nuh ve-che-rzi.

Czech

**Chcete polévku?**

Do you want soup?

khtse-te po-lehf-kuu?

Czech

**Chcete hlavní jídlo?**

Do you want the main course?

khtse-te hlav-nyee yee-dlo?

Czech

**Chcete zákusek?**

Do you want dessert?

khtse-te zah-kuu-sek?

Czech

**Chcete čaj nebo kávu?**

Do you want tea or coffee?

khtse-te chuhy ne-bo kah-vuu?

Czech

**Chcete chléb?**

Do you want bread?

khtse-te khlehp?

Czech

**Chcete rýži?**

Do you want rice?

khtse-te ree-zhi?

Czech

**Chcete brambory?**

Do you want potatoes?

khtse-te bruhm-bori?

Czech

**Chcete těstoviny?**

Do you want pasta?

khtse-te tyes-to-vini?

Czech

**Chcete banán?**

Do you want a banana?

khtse-te buh-nahn?

Czech

**Chcete cukr?**

Do you want sugar?

khtse-te tsuu-kr?

Czech

**Chcete kuře?**

Do you want chicken?

khtse-te kuu-rze?

Czech

**Chcete rybu?**

Do you want fish?

khtse-te ri-buu?

Czech

**Chcete jehněčí?**

Do you want lamb?

khtse-te yeh-nye-tchee?

Czech

**Chcete hovězí?**

Do you want beef?

khtse-te ho-vye-zee?

Czech

**Chcete džus?**

Do you want juice?

khtse-te juice?

Czech

**Chcete sůl?**

Do you want salt?

khtse-te sool?

Czech

**Chcete salát?**

Do you want salad?

khtse-te suh-laht?

Czech

**Chcete zeleninu?**

Do you want vegetables?

khtse-te ze-le-ni-nuu?

Czech

**Chcete vodu?**

Do you want water?

khtse-te vo-duu?

Czech

**Je to jídlo dobré?**

Is the meal nice?

ye to yee-dlo do-breh?

Czech

**Není to moc horké?**

Is it too hot?

ne-nyee to mots hor-keh?

Czech

**Není to moc studené?**

Is it too cold?

ne-nyee to mots stuu-de-neh?

Czech

**Je to dobré?**

Is it good?

ye to do-breh?

Czech

**Chcete víc polévky?**

Do you want more soup?

khtse-te veets po-lehf-ki?

Czech

**Chcete víc ovoce?**

Do you want more fruit?

khtse-te veets o-vo-tse?

Czech

**Máte hlad?**

Are you hungry?

mah-te hluht?

Czech

**Jste najezen(ý)/(á)?**

Have you eaten enough?

yste na-ye-ze-(nee)/(ah)?  
((a) = female)

Czech

**Skončil(a) jste?**

Have you finished?

Skon-chil-(uh) yste?  
((a) = female)

Czech

Máte žízeň?

Are you thirsty?

mah-te zhee-zeny?

Czech

Jezte prosím.

Please eat.

yes-te pro-seem.

Czech

**Proč vypadáte tak smutně?**

Why do you look sad?

protch vi-puh-dah-te tuhk smuu-tnye?

Czech

**Co Vám dělá starosti?**

What is worrying you?

tso vahm dye-lah stuh-rosti?

Czech

**Vypadáte vyvedený(á) z míry.  
Nechtěl(a) byste mi říci proč?  
Pokud Vám to nevadí.**

You're upset.  
Would you like to tell me why?  
Only if you're comfortable.

vi-puh-dah-te vi-ve-de-(nee)/(ah) s mee-ri.  
nekh-tyel-(uh) bis-te mi rzee-tsi proch? po-kuut vahm to ne-va-dyee.  
((a) = female)

Czech

**Zlobíte se.  
Nechtěl(a) byste mi říci proč?  
Pokud Vám to nevadí.**

You're angry.  
Would you like to tell me why?  
Only if you're comfortable.

zlo-bee-te se.  
nekh-tyel-(uh) bis-te mi rzee-tsi proch? po-kuut vahm to ne-va-dyee.  
((a) = female)

Czech

**Neplačte prosím.  
Všechno bude v pořádku.**

Please don't cry.  
Everything will be fine.

ne-pluhch-te pro-seem.  
vshe-khno buu-de f po-rzah-dkuu.

Czech

**Mohu s Vámi  
prosím mluvit?**

Can I talk to you, please?

mo-huu s vhah-mi pro-seem mluu-vit?

Czech

**Potřebuji s Vámi mluvit.**

I need to talk to you, please.

po-trze-buu-yi s vhah-mi mluu-vit.

Czech

**Potřebujete pomoc?**

Do you need help?

po-trze-buu-ye-te po-mots?

Czech

**Jsem zde od toho,  
abych Vám pomohl(a).**

I am here to help you.

ysem zde ot to-ho uh-bikh vahm po-mohl-(uh).  
((a) = female)

Czech

**Co pro Vás mohu udělat?**

What can I do for you?

tso pro vahs mo-huu u-dye-luht?

Czech

Můžete chodit?

Can you walk?

moo-zhe-te kho-dit?

Czech

Vidím, že je pro Vás chůze  
těžká. Pomůžu Vám.

I can see that you're  
finding it hard to walk.  
Let me help you.

vi-deem zhe ye pro vahs khoo-ze tyezh-kah.  
po-moo-zhu vahm.

Czech

Řekněte mi, co je špatně.

Tell me what's wrong.

rze-knye-te mi tso ye shpuht-nye.

Czech

Proboha, co se stalo?

Oh my goodness,  
what happened?

pro-bo-huh tso se stuh-lo?

Czech

**Tohle je zdravotní sestra.**

This is the nurse.

to-hle ye zdruh-vo-tnee ses-truh.

Czech

**Tohle je doktor(ka).**

This is the doctor.

to-hle ye dok-tor-(kuh).  
((ka) = female)

Czech

**Zdravotní sestra je zde  
od toho, aby Vám pomohla.**

The nurse is here to help you.

zdruh-vo-nyee ses-truh ye zde ot to-ho  
uhbi vahm po-mo-hluh.

Czech

**Doktor(ka) je zde od toho,  
aby Vám pomohl(a).**

The doctor is here to help you.

dok-tor-(kuh) ye zde ot to-ho uhbi vahm po-mo-hl-(uh).  
((ka) = female)

Czech

**Doktor(ka) by Vás  
ráda vyšetřil(a).**

The doctor would like to examine you.

dok-tor-(kuh) bi vahs rah-duh vi-she-trzil-(uh).  
((ka) = female)

Czech

**Otevřete ústa, prosím.**

Open your mouth, please.

ote-vrze-te oos-tuh pro-seem.

Czech

**Nadechněte se  
a vydechněte.**

Breathe in and out.

nuh-dekh-nye-te se uh vi-dekh-nye-te.

Czech

**Kde Vás to bolí?**

Where does it hurt?  
Where is the pain?

kde vahs to bo-lee?

Czech

**Svědí to?**

Does it feel itchy?

svye-dyee to?

Czech

**Bolí Vás hlava?**

Do you have a headache?

bo-lee vahs hluh-vuh?

Czech

**Bolí Vás břicho?**

Do you have stomach pain?

bo-lee vahs brzi-kho?

Czech

**Točí se Vám hlava?**

Do you feel dizzy?

to-chee se vahm hluh-vuh?

Czech

**Můžete dýchat?**

Can you breathe?

moo-zhe-te dee-khut?

Czech

**Zvracel(a) jste?**

Have you vomited?

zvruh-tsel-(uh) yste?  
((a) = female)

Czech

**Je Vám špatně?**

Do you feel sick?

ye vahm shpuht-nye?

Czech

**Je Vám na zvracení?**

Do you feel like  
you need to vomit?

ye vahm nuh zvruh-tse-nyee?

Czech

**Bolí Vás záda?**

Does your back hurt?

bo-lee vahs za-hduh?

Czech

**Bolí Vás kyčel?**

Does your hip hurt?

bo-lee vahs ki-tchel?

Czech

**Necítíte se pohodlně?**

Are you uncomfortable?

ne-tsee-tyee-te se po-ho-dl-nye?

Czech

**Můžete si  
sednout prosím?**

Can you sit down, please?

moo-zhe-te si sed-noht pro-seem?

Czech

**Máte zácpu?**

Are you constipated?

mah-te zahts-puu?

Czech

**Je Vám horko?**

Are you hot?

ye vahm hor-ko?

Czech

**Je Vám zima?**

Are you cold?

ye vahm zi-muh?

Czech

**Pondělí**

---

Monday

pon-dye-lee

Czech

**Úterý**

---

Tuesday

oo-te-ree

Czech

**Středa**

---

Wednesday

strze-duh

Czech

**Čtvrttek**

---

Thursday

tchtvr-tek

Czech

**Pátek**

---

Friday

pah-tek

Czech

**Sobota**

---

Saturday

so-bo-tuh

Czech

**Neděle**

---

Sunday

ne-dye-le

Czech

**Leden**

---

January

le-den

Czech

**Únor**

---

February

oo-nor

Czech

**Březen**

---

March

brze-zen

Czech

**Duben**

---

April

duu-ben

Czech

**Květen**

---

May

kvye-ten

Czech

**Červen**

June

cher-ven

Czech

**Červenec**

July

cher-ve-nets

Czech

**Srpen**

August

sr-pen

Czech

**Září**

September

zah-rzee

Czech

**Říjen**

October

rzee-yen

Czech

**Listopad**

November

lis-to-puht

Czech

**Prosinec**

December

pro-si-nets

Czech

**Rok**

Year

rok

Czech

**Máte rád(a) květiny?**

Do you like flowers?

mah-te rahd-(uh) kvye-tyi-ni?  
((a) = female)

Czech

**Máte rád(a) ovoce?**

Do you like fruit?

mah-te rahd-(uh) o-vo-tse?  
((a) = female)

Czech

**Díváte se rád(a) na videa?**

Do you like watching videos?

dyee-vah-te se rahd-(uh) nuh vi-de-uh?  
((a) = female)

Czech

**Co byste ted'  
chtěl(a) dělat?**

What would you like to do now?

tso bis-te khtyel-(uh) dye-luht?  
((a) = female)

Czech

**Jaké knihy čtete?**

What books do you read?

ya-keh knyi-hi tchte-te?

Czech

**To je ale roztomilé!**

How adorable!

to ye uhle ros-to-mi-leh!

Czech

**Je ve Vašem pokoji zima?**

Is it cold in your room?

ye ve vuhs-hem po-ko-yi zi-muh?

Czech

**Chcete, abych  
zkontaktoval(a)  
Vaši rodinu?**

Do you want me to contact  
your family?

khtse-te uhbikh skon-tuhk-to-vuhl-(uh) vuhs-shi ro-di-nuu?  
(a) = female

Czech

**Potřebujete čisté oblečení?**

Do you need fresh clothes?

po-trze-buu-ye-te tchis-teh o-ble-tche-nyee?

Czech

**Můžete cvičit bez bolesti?**

Can you exercise without pain?

moo-zhe-te tsvi-tchit bes bo-les-tyi?

Czech

**Kdy chcete vidět  
svou rodinu?**

When do you want to see your family?

kdi khtse-te vi-dyet svoh ro-di-nuu?

Czech

**Chcete jít k doktorovi?**

Do you want to see the doctor?

khtse-te yeet k dok-to-ro-vi?

Czech

## Chcete jít ke kadeřnici?

Do you want to see the hairdresser?

khtse-te yeet ke kuh-derz-ni-tsi?

Czech

## Chcete jít k podiatrovi?

Do you want to see the podiatrist?

khtse-te yeet k po-di-uh-tro-vi?

Czech

## Chcete se k nám přidat?

Do you want to join our activity?

khtse-te se k nahm przi-duht?

Czech

## Chcete jít do jídelny?

Do you want to come  
to the dining room?

khtse-te yeet do yee-del-ni?

Czech

**Chcete jíst ve svém pokoji?**

Do you want to eat in your room?

khtse-te yeest ve svehm po-ko-yi?

Czech

**Sprcha je ráno.**

The shower is in the morning.

spr-khuh ye rah-no.

Czech