

Communication Cards

English / Malay

Version 2023 4up



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Breakfast



Sarapan pagi

sah-rah-pahn pah-gee

Breakfast



Sarapan pagi

sah-rah-pahn pah-gee

Breakfast



Sarapan pagi

sah-rah-pahn pah-gee

Lunch



Makan tengahari

mah-karn terng-ngah-ha-ree

Lunch



Makan tengahari

mah-karn terng-ngah-ha-ree

Dinner



Makan malam

mah-karn mah-larm

Dinner



Makan malam

mah-karn mah-larm

Fish



Ikan

ee-karn

Chicken



Daging ayam
dah-ging ah-yarm

Beef



Daging lembu
dah-ging lerm-boo

Lamb



Daging kambing biri-biri
dah-ging karm-beeng
bee-ree bee-ree

Pork



Daging babi
dah-ging bah-bee

Water



Air

ah-yeh

Juice



Jus

joos

Tea



Teh

teh

Sugar



Gula

goo-ler

Milk



Susu

sue-sue

Coffee



Kopi

koh-pee

Beer



Bir

beer

Wine



Wain

whine

Vegetarian



Makanan sayur-sayuran sahaja
mah-karn-naan sah-yuur-sah-yuurarn
sah-ha-jer

Kosher



Kosher
(Makanan halal orang yahudi)
kosher (mah-karn-naan halal
oar-rarng yar-hoodie)

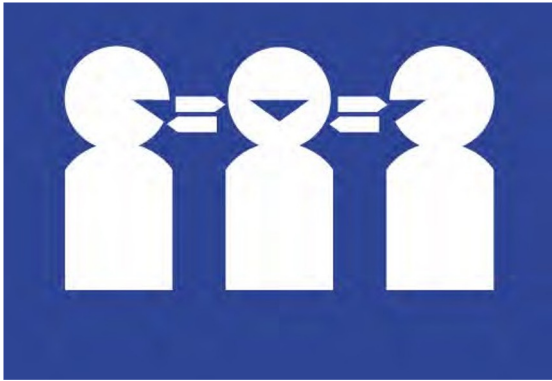
Halal



Halal

halal

Interpreter



Jurubahasa

jooroo ba-ha-sir

Family



Keluarga

ker-loo-warg-ger

Priest



Paderi

pahd-dree

Priest



Paderi

pahd-dree

Rabbi



Rabbi (Paderi orang yahudi)
rabbi (pard-dree oar-rarng
yar-hoodie)

Imam



Imam

ee-mum

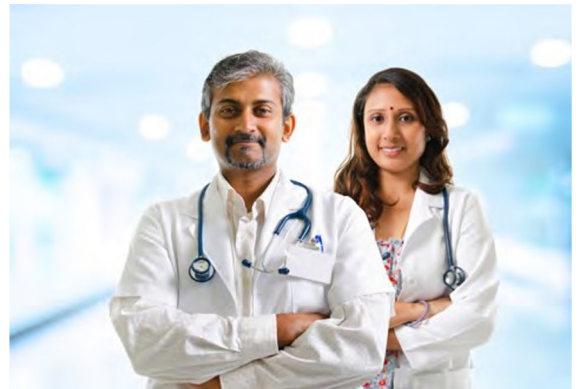
Monk



Sami

sah-mee

Doctor



Doktor

doctor



Nurse



Jururawat

Jooroo-rah-what

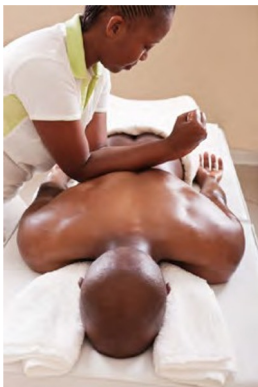
Physiotherapist



Ahli Fisioterapi (Pakar rawatan pemulihan otot)

ah-lee physioterapee (pah-car rah-wah-tarn peh-moo-leh-hahn ooh-tot)

Massage



Urut

uu-ruut

Podiatrist



Ahli Podiatri (Pakar rawatan masalah kaki)

ah-lee podiatry (pah-car rah-wah-tarn mahsah-ah-lah carkey)



Shower



Mandi

mahn-dee

Toilet



Tandas

tahn-dars

Wash Hands



Basuh tangan

bah-sowh tarng-ngan

Clean Teeth



Berus gigi

brr-rose ghee-ghee



Clean Room



Bersihkan bilik

berrseh-kan bee-lake

Get Up



Bangun

barng-ngoon

Get Dressed



Pakai baju

pah-kai bah-joo

Get Dressed



Pakai baju

pah-kai bah-joo

Get Undressed



Tanggalkan pakaian

tarng-garl-karn pah-kah-yarn

Get Undressed



Tanggalkan pakaian

tarng-garl-karn pah-kah-yarn



Rest



Rehat

reh-heart

Sleep



Tidur

tea-dur

Exercise



Senaman

serh-nah-marn

Activities



Aktiviti

ark-tee vee-tee

Go to the Garden



Keluar ke taman

keh-loo-waar ker tah-marn

Go for a Walk



Keluar berjalan

keh-loo-waar berrjah-larn

Telephone



Telefon

teh-lee-fone

Taxi



Teksi

tech-see

Radio



Radio

radio

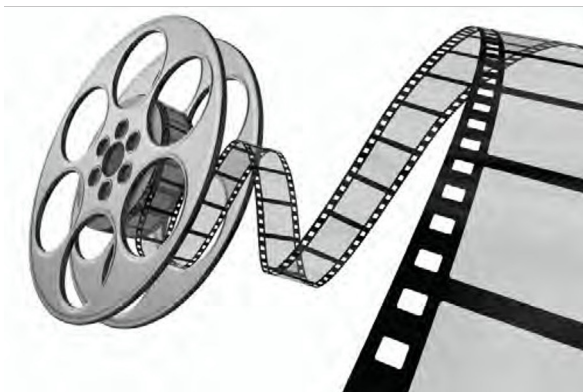
Music



Muzik

moozik

Film



Filem

fee-lerm

TV



TV

TV

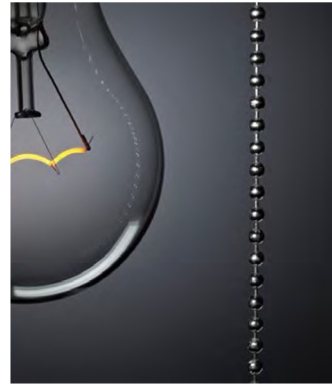
Light On



Pasang lampu

pah-sarng larm-poo

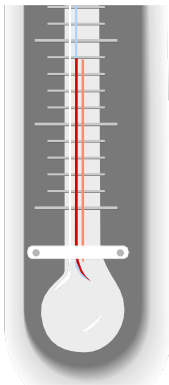
Light Off



Padam lampu

pah-darm larm-poo

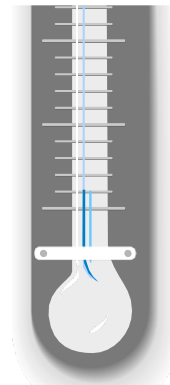
Hot



Panas

pah-nahs

Cold



Sejuk

sir-juuk

Like



Suka

sue-ker

Dislike



Tak suka

tarq sue-ker

Want



Mahu

mah-who

Don't Want



Tak mahu

tarq mah-who



Centre for
Cultural Diversity
in Ageing

Supported by Benetas

English Language Communication Cards Kad Komunikasi Bahasa Inggeris

What Time?



Pukul berapa?

poo-kohl berr-upper?

Book



Buku

boo-kuu

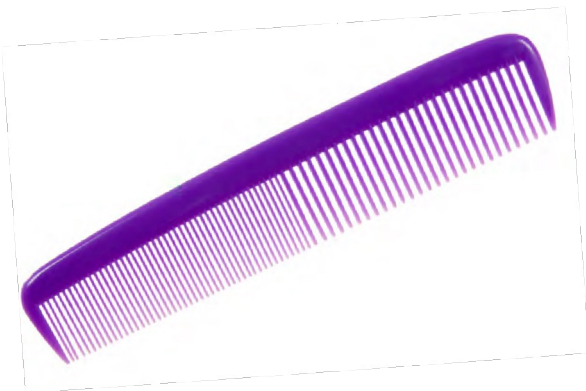
Glasses



Cermin mata

cher-min mah-tuh

Comb



Sikat

see-kart

Makeup



Alat solek

ah-lart soh-liik

Watch



Jam tangan

jarm tarng-ngan

Jewellery



Barang kemas

bah-rarng keh-mars

Hearing Aid



Alat pendengaran

ah-lart pern-dern-ngah-rarn

Dentures



Gigi palsu

ghee-ghee parl-sue



Tissues



Tisu

tissue

Incontinence Pad



Lampin dewasa

lahm-pinn deh-wah-sir

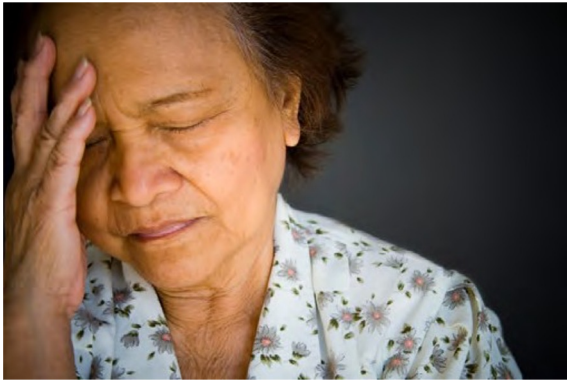
Pillow



Bantal

barn-thal

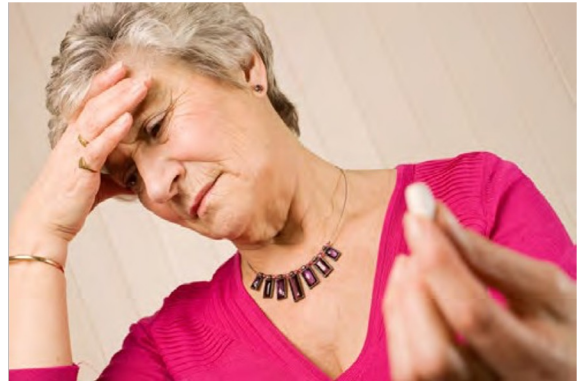
Pain



Sakit

sah-kiit

Painkiller



Ubat tahan sakit

oo-bart tah-hahn sah-kiit

Medication



Ubat-ubatan

obb-bart oo-bart-than

Umbrella



Payung

pah-yuung

Walking Stick



Tongkat

torng-kart

Walking Frame



Tongkat berkaki empat

torng-kart burr-carkey um-part

Wheeled Walker



Tongkat beroda

torng-kart burr-row-dar

Wheelchair



Kerusi roda

kerr-roo-see row-dar

Dressing Gown



Jubah persalinan

joo-bah purr-sah-liih-naan

Sleepwear



Baju tidur

bah-joo tea-duur

Slippers



Selipar

sir-lee-parr

Underwear



Seluar dalam

sir-luu-wah dah-larm

Shirt



Baju

bah-joo

Dress



Baju wanita

bah-joo wahneetah

Trousers



Seluar panjang

sih-loo-wah parn-jarng

Skirt



Skirt

skirt

Socks



Sarung kaki
sah-ruung carkey

Shoes



Kasut
car-suurt

Jumper



Baju tebal
bah-joo tuh-barl

Coat



Baju kot
bah-joo coat