

Communication Cards

English / Norwegian

Version 2023 12up



This information was compiled by the Centre for Cultural Diversity in Ageing in 2023.

This publication was funded by the Australian Government Department of Health and Aged Care.

Denne informasjonen er utarbeidet av Senter for aldrende kulturelt mangfold (Centre for Cultural Diversity in Ageing) i 2023.

Publikasjonen ble finansiert av departementet for helse og eldreomsorg i Australia (Australian Government Department of Health and Aged Care).

© Centre for Cultural Diversity in Ageing 2023.

Breakfast



Frokost
froo-cost

Breakfast



Frokost
froo-cost

Breakfast



Frokost
froo-cost

Lunch



Lunsj
lunch

Lunch



Lunsj
lunch

Dinner



Middag
mid-dog

Dinner



Middag
mid-dog

Fish



Fisk
fissk

Chicken



Kylling
chy-ling

Beef



Okse
ock-seh

Lamb



Lam
lahm

Pork



Svin
sveen

Water



Vann
vahn

Juice



Juice
juice

Tea



Te
teh

Sugar



Sukker
soo-car

Milk



Melk
mellk

Coffee



Kaffe
kah-feh

Beer



Øl
ea(r)l

Wine



Vin
veen

Vegetarian



Vegetarisk
veh-geh-taa-risk

Kosher



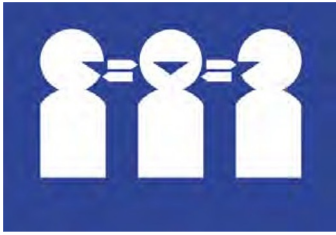
Kosher
kosher

Halal



Halal
halal

Interpreter



Tolk
tall-k

Family



Familie
fam-me-lee-eh

Priest



Prest
prest

Rabbi



Rabbi
rab-bee

Imam



Imam
imam

Priest



Prest
prest

Nurse



Sykepleier
syh-ke-play-a

Doctor



Lege
leh-geh

Monk



Munk
moonk

Physiotherapist



Fysioterapeut
fyh-shoo-teh-rah-pewt

Massage



Massasje
ma-sah-sheh

Podiatrist



Fotpleier
fot-play-a

Shower



Dusj
dusje

Toilet



Toalett
tooa-let

Wash Hands



Vaske hender
vass-keh hen-dah

Clean Teeth



Pusse tenner
poos-se ten-nah

Clean Room



Gjøre rent
joo-reh rent

Get Up



Stå opp
stah ap

Get Dressed



Kle på seg
cleh poh say

Get Dressed



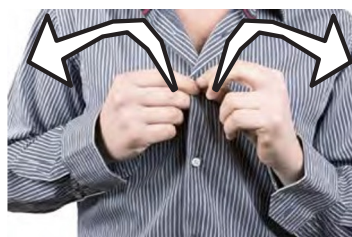
Kle på seg
cleh poh say

Get Undressed



Kle av seg
cleh ah say

Get Undressed



Kle av seg
cleh ah say

Rest



Hvile
vee-leh

Sleep



Sove
soh-veh

Exercise



Trene
treh-nah

Activities



Aktiviteter
ack-tee-vee-teh-tah

Go for a Walk



Gå på tur
ga(ll) poh toor

Go to the Garden



Gå ut i hagen
ga(ll) oot ih haa-ghen

Telephone



Telefon
teh-leh-foon

Radio



Radio
rah-dee-ow

Music



Musikk
moo-sikh

Film



Film
film

TV



TV
teh-veh

Taxi



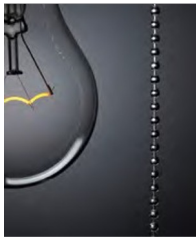
Taxi
tak-see

Light On



Lyset på
lyh-set po

Light Off



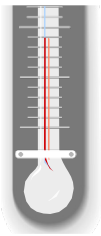
Lyset av
lyh-set aahv

What Time?



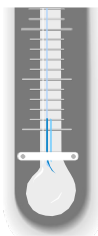
Når?
Noor?

Hot



Varmt
vaarmt

Cold



Kaldt
kaalt

Like



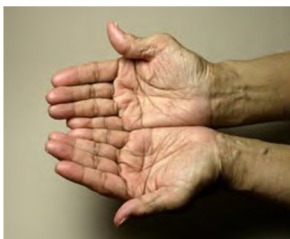
Like
lee-keh

Dislike



Mislike
miss-lee-keh

Want



Vil ha
veel hah

Don't Want



Vil ikke ha
veel ick-eh hah

Book



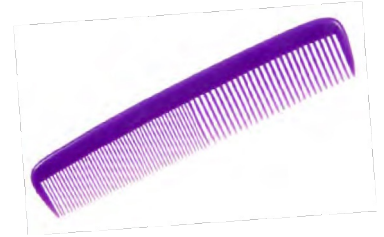
Bok
boh-k

Glasses



Briller
breeel-lah

Comb



Kam
kahm

Watch



Klokke
kloh-keh

Jewellery



Smykker
smyh-kah

Makeup



Sminke
sming-keh

Hearing Aid



Høreapparat
huh-reh-app-ah-rat

Dentures



Gebiss
gab-bis

Incontinence Pad



Inkontinensbind
inkontinens-bind

Tissues



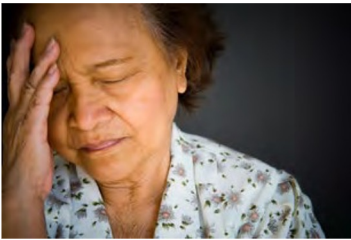
Tørkepapir
tur-ke-pah-peer

Pillow



Pute
poo-teh

Pain



Smerte
smar-teh

Pain Killer



Smertestillende
smar-teh-still-and-deh

Medication



Medisin
meh-dee-seen

Walking Stick



Stokk
stock

Walking Frame



Gåstativ
goh-stah-teev

Wheeled Walker



Rullator
rule-lah-toh

Wheelchair



Rullestol
rule-lah-stall

Umbrella



Paraply
pah-rah-plui

Dressing Gown



Slåbrok
sloh-brock

Sleepwear



Nattøy
naht-toy

Slippers



Tøfler
tuff-lah

Underwear



Undertøy
oondah-toy

Socks



Sokker
sah-kah

Shirt



Skjorte
shoo-tah

Trousers



Bukse
book-sah

Skirt



Skjørt
shirt

Dress



Kjole
choo-lah

Jumper



Genser
genn-sah

Shoes



Sko
skoo

Coat



Kåpe
koh-peh