

Communication Cards

English / Portuguese

Version 2023 12up



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Breakfast



Pequeno almoço
 peh-keh-nu al-moh-ssu

Breakfast



Pequeno almoço
 peh-keh-nu al-moh-ssu

Breakfast



Pequeno almoço
 peh-keh-nu al-moh-ssu

Lunch



Almoço
 al-moh-ssu

Lunch



Almoço
 al-moh-ssu

Dinner



Jantar
 jahn-tAar

Dinner



Jantar
 jahn-tAar

Fish



Peixe
 pey-sheh

Chicken



Galinha
 gah-lee-nhah

Beef



Carne
 kAAr-neh

Lamb



Cordeiro
 kur-dey-ru

Pork



Porco
 pohr-ku

Water



Água

AA-gooah

Juice



Sumo

sOO-moh

Tea



Chá

shAA

Sugar



Açúcar

ah-ssUU-kahr

Milk



Leite

ley-teh

Coffee



Café

kah-fEH

Beer



Cerveja

cehr-veh-jah

Wine



Vinho

vEE-nhu

Vegetarian



Vegetariano (a)

veh-jeh-tah-rEE-ah-nu (nah)

Kosher



Kosher

kO-shehr

Halal



Halal

ha-lAAL

Interpreter



Intérprete

een-tEr-preh-teh

Family



Família

fa-mEE-leea

Priest



Padre

pAA-dreh

Rabbi



Rabi

rAA-bee

Imam



Imã

ee-mahn

Priest



Padre

pAA-dreh

Nurse



Enfermeiro (a)

ehn-fehr-mey-rhu (ah)

Doctor



Doutor (a)

doh-tohr (tohra)

Monk



Monge

mohn-jeh

Physiotherapist



Fisioterapeuta

fEE-zeeuh-the-rah-pehu-tah

Massage



Massagem

mah-sAA-jehm

Podiatrist



Podiatrista

poh-dee-ah-trEEs-tah

Shower



Chuveiro
shuh-vey-rhu

Toilet



Retrete
reh-trEH-teh

Wash Hands



Lave as mãos
IAA-veh ahshmahn-uhsh

Clean Teeth



Lave os dentes
IAA-veh uhsh dehn-tehs

Clean Room



Limpe o quarto
lEEEm-peh u kuar-tu

Get Up



Levante-se
leh-vahn-the-ceh

Get Dressed



Vista-se
vEEsh-tah-ceh

Get Dressed



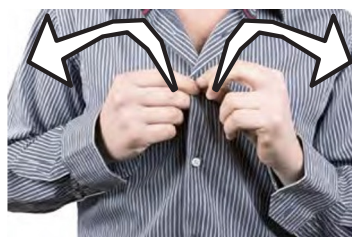
Vista-se
vEEsh-tah-ceh

Get Undressed



Dispa-se
dEEsh-pah-ceh

Get Undressed



Dispa-se
dEEsh-pah-ceh

Rest



Descanse
desh-kan-keh

Sleep



Durma
d00r-mah

Exercise



Exercício
eh-zehr-cEE-teh-keh

Activities



Atividades
ah-tEE-vee-dAA-desh

Go for a Walk



Vá caminhar
vAA kah-mee-nhAr

Go to the Garden



Vá para o jardim
vAA pah-rah u jahr-dEEen

Telephone



Telefone
teh-leh-f0-neh

Radio



Rádio
rAA-dee-oh

Music



Música
m00-zee-ka

Film



Filme
feel-meh

TV



Televisão
teh-leh-vEE-zahn-u

Taxi



Táxi
tAA-xEE

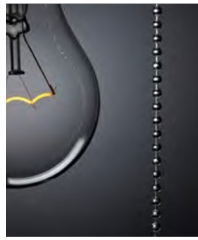
Light On



Luz acesa

looSh ah-ceh-zah

Light Off



Luz apagada

looSh ah-pah-gAA-dah

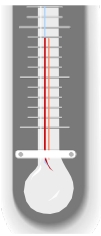
What Time?



A que horas?

ah keh hO-rhahsh?

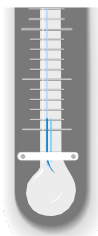
Hot



Quente

kehn-teh

Cold



Frio

frEE-u

Like



Gosto

gOsh-tuh

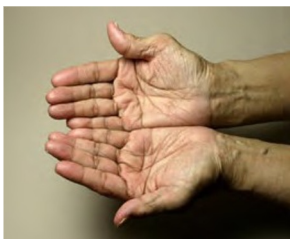
Dislike



Não gosto

nahn-u gOsh-tuh

Want



Quero

kEH-ruh

Don't Want



Não quero

nahn-u kEH-ruh

Book



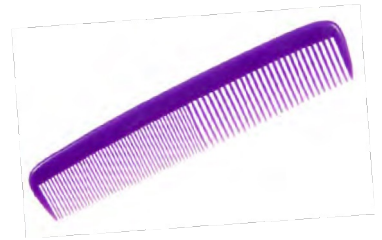
Livro
LEE-vruh

Glasses



Óculos
O-kuh-lOOsh

Comb



Pente
pehn-teh

Watch



Relógio
reh-lO-gee-u

Jewellery



Joalharia
ju-ah-lhah-rhee-ah

Makeup



Maquilhagem
mah-kEE-lhA-jeyn

Hearing Aid



Aparelho auditivo
ah-pah-reh-lhu oh-dee-tEE-vu

Dentures



Dentaduras
dehn-tah-dOO-rahsh

Incontinence Pad



Penso de incontinência
pehn-ssush deh
een-kohn-tee-nEhn-cee-ah

Tissues



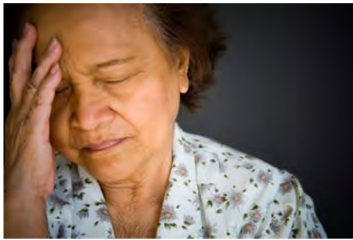
Lenços de papel
lehn-ssush deh pah-pEHL

Pillow



Almofada
AAL-mu-fAA-dah

Pain



Dor
dohr

Pain Killer



Analgésico
ah-nAAl-jEH-zee-ku

Medication



Medicamentos
meh-dEE-kah-mehn-toosh

Walking Stick



Bengala
behn-gAA-lah

Walking Frame



Andarilho
ahn-dah-rEE-lhu

Wheeled Walker



Andarilho com rodas
ahn-dah-rEE-lhu kohm rO-dahsh

Wheelchair



Cadeira de rodas
kah-dy-rah deh rO-dahsh

Umbrella



Sombrinha
ssohm-brEE-nhah

Dressing Gown



Roupão
roh-pahn-u

Sleepwear



Roupa de dormir
roh-pah deh dur-mEEr

Slippers



Chinelos
shEE-nEH-loosh

Underwear



Roupa interior
roh-pah een-teh-ree-ohr

Socks



Meias
mey-ash

Shirt



Camisa
kah-mEE-zah

Trousers



Calças
kAAL-ssahs

Skirt



Saia
sAA-eeah

Dress



Vestido
vesh-tEE-duh

Jumper



Pulôver
pOOL-oh-vehr

Shoes



Sapatos
sah-pAA-tush

Coat



Casaco
kah-zAA-ku