

Communication Cards

English / Tagalog

Version 2023 4up



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Breakfast



Almusal

al-moo-sal

Breakfast



Almusal

al-moo-sal

Breakfast



Almusal

al-moo-sal

Lunch



Tanghalian

tang-haa-lee-an

Lunch



Tanghalian

tang-haa-lee-an

Dinner



Hapunan

haa-poo-nan

Dinner



Hapunan

haa-poo-nan

Fish



Isda

iss-dah

Chicken



Manok

maa-nook

Beef



Karne ng baka

car-neh nang-baka

Lamb



Karne ng tupa

car-neh nang too-pah

Pork



Baboy

baa-boy

Water



Tubig

too-big

Juice



Katas ng prutas o gulay

kaa-tash nang-prue-tash o goo-lai

Tea



Tsaa

tss-aah

Sugar



Asukal

ash-soo-cal



Milk



Gatas

gaa-tas

Coffee



Kape

kaa-pi

Beer



Serbese

ser-beh-sah

Wine



Alak

aah-luck

Vegetarian



Hindi kumakain ng karne
hin-dii kuu-mah-kain nang car-neh

Kosher



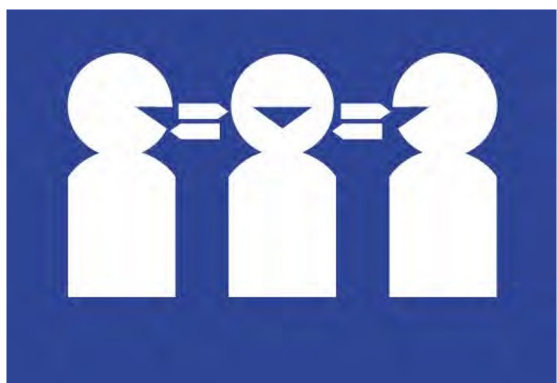
Kosher
koos-her

Halal



Halal
hal-al

Interpreter



Taga-interprete

taga-iint-ter-preteh

Family



Pamilya

pah-mil-ya

Priest



Pari

pah-rii

Priest



Pari

pah-rii

Rabbi



Rabbi

rab-bye

Imam



Imam

EE-mam

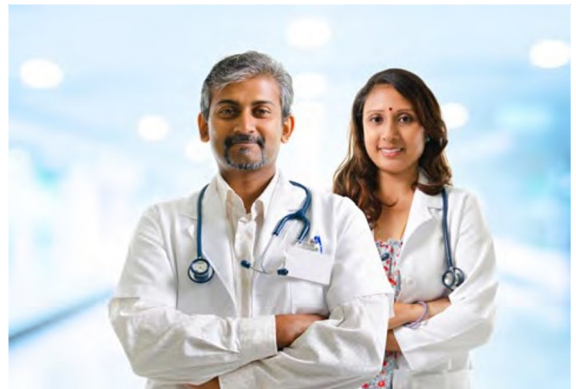
Monk



Monghe

mong-heh

Doctor



Doktor

dooc-tor

Nurse



Nars

narsh

Physiotherapist



Physiotherapist

pii-sioo-tera-pist

Massage



Masahe

mah-saa-he

Podiatrist



Doktor sa paa

dooc-tor sah-pa-a

Shower



Paligo sa dutsa

pah-lee-go-sa -duut-tsa

Toilet



Kubeta

kuh-be-tah

Wash Hands



Maghugas ng kamay

maag-who-gas nang-camay

Clean Teeth



Magsepilyo

mag-see-pil-yooh

Clean Room



Maglinis ng silid

mag-lee-nis nang see-lead

Get Up



Bumangon

buu-mah-ngon

Get Dressed



Magbihis

maag-bee-his

Get Dressed



Magbihis

maag-bee-his

Get Undressed



Maghubad ng damit

maag-who-bad nang nah-mit

Get Undressed



Maghubad ng damit

maag-who-bad nang nah-mit

Rest



Magpahinga

maag-pa-heen-nga

Sleep



Matulog

maa-two-log

Exercise



Mag-ehersisyo

maag-e-her-sis-show

Activities



Mga aktibidad

maa-nga ak-tee-bee-dad

Go to the Garden



Pumunta sa hardin

poo-munta-saa-har-den

Go for a Walk



Mamasyal

maa-mas-yall

Telephone



Telepono

te-le-poo-noh

Taxi



Taksi

tax-ee

Radio



Radyo

rad-yoh

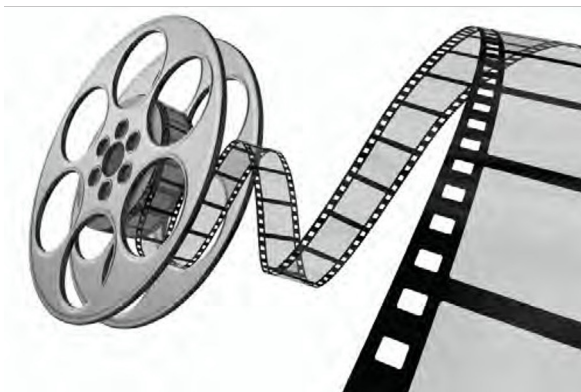
Music



Musika

mioo-see-ka

Film



Mag-video

mag-vid-yu

TV



TV

teevee

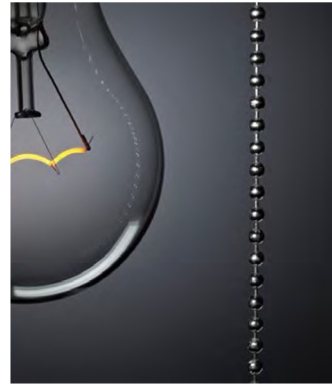
Light On



Buksan ang ilaw

book-san ang eelao

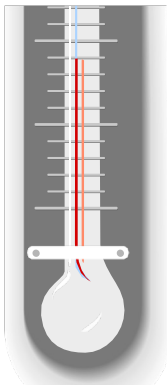
Light Off



Patayin ang ilaw

pa-ta-yin ang eelao

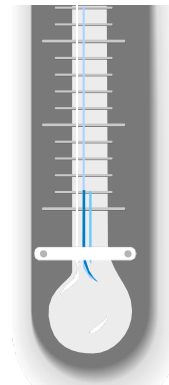
Hot



Mainit

mah-ee-neat

Cold



Malamig

mah-lam-mig

Like



Gusto

gus-toh

Dislike



Ayaw

ai-yao

Want



Gusto

gus-toh

Don't Want



Hindi gusto

hin-dee gus-toh



What Time?



Anong oras?

aa-nong-o-ras

Book



Aklat

aak-lat

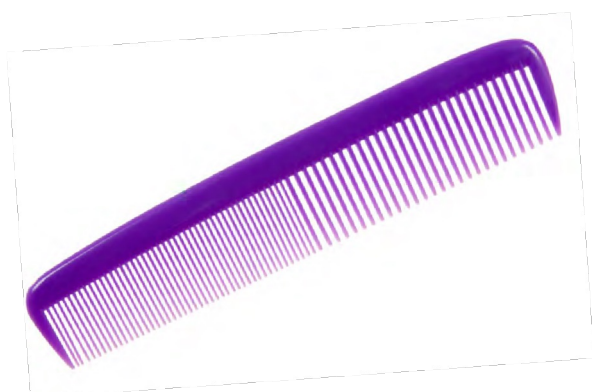
Glasses



Mga salamin sa mata

mm-ga sal-ah-min-saa maa-tah

Comb



Suklay

sook-lie

Makeup



Makeup

meyk-ap

Watch



Relos

ree-los

Jewellery



Alahas

ah-lah-has

Hearing Aid



Tulong sa pandinig

too-long-sa-pan-dee-nig

Dentures



Pustiso

poos-tees-o

Tissues



Mga tisyu

mmga-tees-yo

Incontinence Pad



Incontinence pad

in-con-tinence-pad

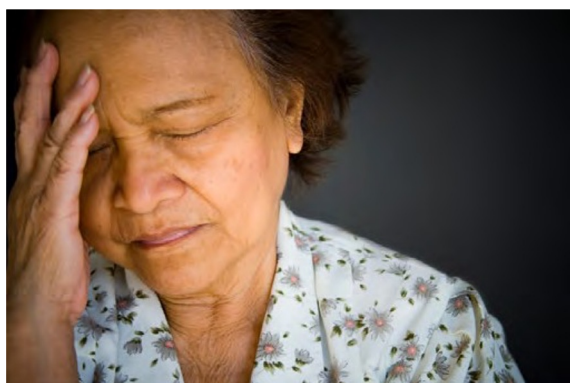
Pillow



Unan

uuh-none

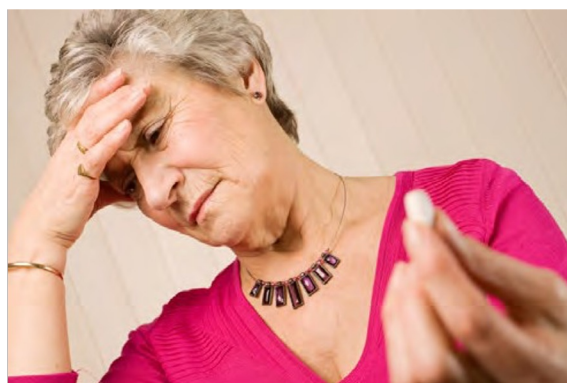
Pain



Pananakit

pann-nana-keet

Painkiller



Gamot sa pananakit

gah-mot sah-pann-nana-keet

Medication



Gamot

gah-mot

Umbrella



Payong

pai-yong

Walking Stick



Baston

bass-ton

Walking Frame



Suporta sa paglakad

soo-porta-sa-pag-lah-lah-cud

Wheeled Walker



Suporta sa paglakad
na de gulong

soo-porta-sa-pag-lah-lah-cud
nah-de-guu-long

Wheelchair



Upuang de gulong

uh-puh-ang-de-guu-long

Dressing Gown



Bata de banyo

baa-taah-de-baan-yo

Sleepwear



Damit-pantulog

dah-meet-pan-two-log

Slippers



Tsinelas

chii-ne-lash

Underwear



Damit-panloob

dah-meet pan-luub

Shirt



Kamiseta

ka-meeh-seta

Dress



Damit

dah-meet

Trousers



Pantalon

pan-ta-lon

Skirt



Palda

pal-dah

Socks



Medyas

med-yas

Shoes



Sapatos

saa-paa-tos

Jumper



Jumper

jam-per

Coat



Amerkana

ah-mer-can-nah