

Bilingual Phrase Cards

Tigrinya/English

Version 2023 4up



This information was compiled by the Centre for Cultural Diversity in Ageing in 2023.

This publication was funded by the Australian Government Department of Health and Aged Care.

እዚ ሓበሬታ ኣብ 2023 ብማእከል ባህላዊ ፍልልያት ኣብ ዕቤት ዝተዳለወ እዩ።

እዚ ሕትመት ብመንግስቲ ኣውስትራሊያ ክፍሊ ጥዕናን ክንክን ኣረጋውያንን ዝተመወለ እዩ።

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ሰላም/ደሐን ኩኑ።

Hello/Goodbye.

se-lam/de-h-an ku-nu.

Tigrinya

እንኳን ደሐን መፃእኹም።

Welcome.

en-ku-a de-h-an me-tsa-kh-um.

Tigrinya

ከመይ ሓደርኩም።

Good morning.

ke-me-y ha-de-rku-m.

Tigrinya

ከመይ ውዓኢልኩም።

Good afternoon.

ke-me-y we-ilkum.

Tigrinya



ፍሑስ ዕለት ልደት!

Happy Birthday!

ru-hu-s el-et lid-et!

Tigrinya

ርሑስ ዝኽሪ!

Happy Anniversary!

ru-hu-s ze-kh-ri!

Tigrinya

ፍሑስ በዓል ልደት!

Merry Christmas!

ru-hu-s be-al lidet!

Tigrinya

ርሑስ ሓዲሽ ዓመት!

Happy New Year!

ru-hu-s ha-du-sh am-et!

Tigrinya



ኣዝየ የመስግን።

Thank you so much.

az-i-ye ye-mes-gen.

Tigrinya

የቕንደላይ።

You're welcome.

yeq-i-ni-ye-ley.

Tigrinya

ሹመይ...

ሎመዓንቲ ዝከናኸንኩም ኣነ እየ።

My name is...
I will be caring for you today.

shu-mey...
lo-me-an-ti ze-ke-na-khe-nek-um an-e ey-ae

Tigrinya



ስለዝረበሽኩኹም ይቕሬታ እሓትት።

Sorry for disturbing you.

si-leze-re-besh-ku-khum ye-qrae-ta eha-te-t.

Tigrinya

ይቕሬታ።

I am sorry.

ye-qrae-ta.

Tigrinya

ከመይ ኣለኹም።

How are you?

ke-me-y ale-kh-um?

Tigrinya

ሎሚ ከመይ ይስመዐኩም ኣሎ?

How are you feeling today?

lo-mi ke-me-y yese-me-ak-um al-o?

Tigrinya



በይዛኹም ኹቡረይ፣
ንጀምር እምበር!

Come on dear,
Let's get started!

bey-za-kh-um kh-u-bu-rey,
ne-je-mer em-ber!

Tigrinya

እንተሓገዝኩምኒ ደስ ምበለኒ።

I would love you to help me.

en-te-ha-gez-ku-meni des me-be-le-ni.

Tigrinya

በጃኹም፣ ክትሓግዙኒ ትኽእሉ?

Can you help me, please?

be-ja-kh-um, ke-te-he-gez-uni te-kh-elu?

Tigrinya

ክሓግዘኩም እየ።

I will help you.

ke-he-ge-ze-kum ey-ae.

Tigrinya



ሻወር ከትወስዱ ትደልዩ?

Would you like to have a shower?

sha-we-r ke-te-wes-du te-de-lyu?

Tigrinya

እንታይ ከትክደኑ ትደልዩ?

What would you like to wear?

en-ta-y ket-ke-de-nu te-de-lyu?

Tigrinya

እኒኽ ሳሙና።

Here is the soap.

en-i-he sa-moo-na.

Tigrinya

ነቲ ማይ ተንክፉዎ።

Touch the water.

ne-ti ma-ay te-nke-fu-wo.

Tigrinya



እቲ ማይ ውዑይ ድዩ ዝሒል?

Is the water hot or cold?

eti ma-ay wu-oo-yie de-yu ze-hu-l?

Tigrinya

ሻወር ምግባር ተወዲኡ ኣሎ።

Showering is finished.

sh-aw-er meg-ba-r te-we-di-u al-o.

Tigrinya

ነብሰኹም ከንቅፀልኩም።

Let me dry your body.

neb-se-khu-m ken-ke-ts-el-ku-m.

Tigrinya

ከዳን ከትከደኑ ከሕግዘኩም።

Let me help you get dressed.

ke-da-n ke-te-ke-de-nu ke-he-ge-ze-ku-m.

Tigrinya



ወዲእና።
ሕጂ አፀቢቕልኩም አሎ!

Done.
Now you look great!

we-di-na.
he-ji atse-bi-qh-l-ku-m al-o!

Tigrinya

ድሉዋት ዲኹም?

Are you ready?

de-lu-wa-t di-khu-m?

Tigrinya

ነቲ ሽቻቕ ትደልዩዎ ዲኹም?

Do you need the toilet?

ne-ti shi-qa-q te-de-le-yu-wo di-khu-m?

Tigrinya

ናብ'ቲ ክፍሊ መብልዒ ድራር
ክመርሓኩም እየ።

I will walk with you to the dining room.

na-b-ti ke-f-li me-ble-i de-ra-r ke-me-rha-ku-m ey-ae.

Tigrinya

በጃኹም፣ ኣብ'ቲ ወንበር ኮፍ ንበል።

Let's sit down on the chair, please.

be-ja-khu-m, abti wen-ber ko-f ne-bel.

Tigrinya

ናብ ክፍሊኹም ንኸድ ኣለና።

We are going to your room.

na-b ke-fli-khu-m ne-kh-ed al-e-na.

Tigrinya

ናብ ሽቓቕ ንኸድ ኣለና።

We are going to the toilet.

na-b shi-qa-q ne-khe-d al-e-na.

Tigrinya

እዚ ናተኩም ሽቓቕ እዩ።

This is your toilet.

e-zi nat-ku-m shi-qa-q ey-u.

Tigrinya



እዚ ናትኩም ክፍሊ መሕፀቢ እዩ።

—
This is your bathroom.

e-zi nat-ku-m ke-fli me-h-ts-ebi ey-u.

Tigrinya

እዚ ክፍልኹም እዩ።

—
This is your room.

e-zi ke-fle-khu-m ey-u.

Tigrinya

ክዳንኩም ክቕይረልኩም።

—
Let me change your clothes.

kin-da-kum ki-key-re-le-kum.

Tigrinya

በጃኹም ደቅሱ።

—
Please go to sleep.

be-ja-khu-m de-ke-su.

Tigrinya



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Tigrinya/English Bilingual Phrase Cards

ደህን ሕይወት።

Good night.

de-h-an he-de-ru.

Tigrinya



ሰዓት ናይ ቁርሲ እዩ።

It is breakfast time.

se-at na-y qu-r-si e-yu.

Tigrinya

ሰዓት ናይ ንጎሆ/
ድሕሪ ፋዳስ ሻሂ እዩ።

It is time for morning/afternoon tea.

se-at na-y ne-go-ho/de-h-ri fa-du-s sh-a-hi e-yu.

Tigrinya

ሰዓት ናይ ምሳሕ እዩ።

It is lunch time.

se-at na-y me-sa-h e-yu.

Tigrinya

ሰዓት ናይ ድራር እዩ።

It is dinner time.

se-at n-ay de-ra-r e-yu.

Tigrinya



ሾርባ ትደልዩ?

Do you want soup?

sh-or-ba te-de-lyu?

Tigrinya

ነቲ ዋና መግቢ ትደልዩ?

Do you want the main course?

ne-ti wa-na me-g-bi te-de-lyu?

Tigrinya

መኸምብቲ መግቢ ትደልዩ?

Do you want dessert?

me-kh-em-be-ti me-gb-i te-de-lyu?

Tigrinya

ሻይ ወይ ቡና ትደልዩ?

Do you want tea or coffee?

sha-hi w-ey bu-na te-de-lyu?

Tigrinya



ባኒ ትደልዩ?

Do you want bread?

ba-ni te-de-lyu?

Tigrinya

ሩዝ ትደልዩ?

Do you want rice?

ru-z te-de-lyu?

Tigrinya

ድንሽ ትደልዩ?

Do you want potatoes?

de-ne-sh te-de-lyu?

Tigrinya

ፓስታ ትደልዩ?

Do you want pasta?

pa-s-ta te-de-lyu?

Tigrinya



ባናና ትደልዩ?

Do you want a banana?

ba-na-na te-de-lyu?

Tigrinya

ሸኳር ትደልዩ?

Do you want sugar?

sh-i-ku-ar te-de-lyu?

Tigrinya

ዶርሆ ትደልዩ?

Do you want chicken?

do-r-ho te-de-lyu?

Tigrinya

ዓሳ ትደልዩ?

Do you want fish?

asa te-de-lyu?

Tigrinya



ስጋ ውላድ በጊዕ ትደልዩ?

Do you want lamb?

se-ga we-lad be-gi-e te-de-lyu?

Tigrinya

ስጋ ብዕራይ ትደልዩ?

Do you want beef?

se-ga be-ra-y te-de-lyu?

Tigrinya

ፅሚቕ ትደልዩ?

Do you want juice?

tsi-mu-ak te-de-lyu?

Tigrinya

ጨው ትደልዩ?

Do you want salt?

ch-e-w te-de-lyu?

Tigrinya



ሰላጣ ትደልዩ?

Do you want salad?

se-la-ta tedelyu?

Tigrinya

ኣትኽልቲ ትደልዩ?

Do you want vegetables?

a-te-khe-lti te-de-lyu?

Tigrinya

ማይ ትደልዩ?

Do you want water?

m-ay te-de-lyu?

Tigrinya

እቲ መግቢ ፀቡቕ ድዩ?

Is the meal nice?

e-ti me-g-bi tsi-bu-k deyu?

Tigrinya



ኣዝዩ ውዑይ ድዩ?

Is it too hot?

a-ze-yu wu-ei de-yu?

Tigrinya

ኣዝዩ ዝሓል ድዩ?

Is it too cold?

a-ze-yu ze-hu-l de-yu?

Tigrinya

ፅቡቕ ድዩ?

Is it good?

tse-bu-k de-yu?

Tigrinya

ሾርባ ክንውስኻልኩም?

Do you want more soup?

sh-or-ba ken-we-se-kh-el-kum?

Tigrinya



ፍረምረ ክንውስኸልኩም?

Do you want more fruit?

fe-re-me-re ken-we-se-kh-el-kum?

Tigrinya

ጠምዮውኩም አሎ?

Are you hungry?

tem-eyu-ku-m al-o?

Tigrinya

ዝኣክል በሊዕኹም ዲኹም?

Have you eaten enough?

ze-ak-el be-li-ekh-um di-khu-m?

Tigrinya

ወዲእኹም ዲኹም?

Have you finished?

we-die-khu-m di-khu-m?

Tigrinya



ፀሚእኩም ዲኹም?

Are you thirsty?

tse-mi-e-kum di-khu-m?

Tigrinya

በጃኹም ብልዑ።

Please eat.

be-ja-khu-m be-l-eu.

Tigrinya

ንምንታይ ዝሓዘንኩም ትመስሉ?

Why do you look sad?

ne-men-ta-y ze-ha-zen-ku-m te-mes-lu?

Tigrinya

እንታይ እዩ ዘተሓሳስበኩም ዘሎ?

What is worrying you?

en-ta-y ey-u ze-te-ha-sa-se-be-kum ze-lo?

Tigrinya

ሓዚንኩም ኣለኹም።
ንምንታይ ከምዝኾነ
ክትነግሩኒ ምደለኹም?
ፈቓድኩም እንተኾይኑ ጥራሕ።

You're upset.
Would you like to tell me why?
Only if you're comfortable.

ha-zin-ku-m ale-khu-m.
ne-men-tay kem-ze-kho-ne ket-neg-ru-ni me-de-le-khu-m?
fekadkum entekhoynu trah.

Tigrinya

ተናዲድኩም ኣለኹም።
ንምንታይ ከምዝኾነ
ክትነግሩኒ ዶ ምደለኹም?
ፈቓድኩም እንተኾይኑ ጥራሕ።

You're angry.
Would you like to tell me why?
Only if you're comfortable.

te-na-did-kum ale-khu-m.
ne-men-ta-y kem-ze-kho-ne ket-neg-ru-ni me-de-le-khu-m?
fe-kad-ku-m en-te-kho-ynu te-ra-h.

Tigrinya



በጃኹም ኣይትብከዩ።
ኩሉ ደሓን ከኻውን እዩ።

Please don't cry.
Everything will be fine.

be-ja-khu-m ay-teb-ke-yu.
ku-lu de-ha-n ke-khe-we-n e-yu.

Tigrinya

በጃኹም፣
ከዘራርበኩም ዶ እኽእል?

Can I talk to you, please?

be-ja-khu-m, ke-ze-ra-re-be-kum ekh-el?

Tigrinya

በጃኹም፣
ከዘራርበኩም እደሊ እዮ።

I need to talk to you, please.

be-ja-khu-m, ke-ze-ra-rebe-ku-m ede-li ey-ae.

Tigrinya

ሓገዝ ዶ ትደልዩ?

Do you need help?

ha-ge-z d-oo te-de-lyu?

Tigrinya



ኣነ ንክሕግዘኩም ኣብዚ ኣለኹ።

I am here to help you.

a-ne ne-ke-he-ge-ze-ku-m ab-zi ale-khu.

Tigrinya

እንታይ ክገብረልኩም እኽእል?

What can I do for you?

en-tay ke-geb-rel-ku-m ekh-el?

Tigrinya



ምኻድ ይኽእሉ ዶ?

Can you walk?

me-kha-d ye-khe-lu doe?

Tigrinya

ንምኻድ የፀግመኩም
ከምዘሎ ይርኢ ኣልኹ።
ኣነ ከሕግዘኩም።

I can see that you're
finding it hard to walk.
Let me help you.

ne-me-kha-d ye-tse-ge-me-ku-m kem-ze-lo yer-ie ale-khu.
a-ne ke-he-ge-ze-ku-m.

Tigrinya

እንታይ ፀገም ከምዘሎ ንገሩኒ።

Tell me what's wrong.

en-tay tse-ge-m kem-ze-lo ne-ge-ru-ni.

Tigrinya

በስመኣብ፣ እንታይ ተፈጢሩ?

Oh my goodness,
what happened?

be-se-me-ab, en-ta-y te-fe-ti-ru?

Tigrinya

እዚኣም ነርሲ እዮም።

—
This is the nurse.

ezi-om ner-si ey-om.

Tigrinya

እዚኣም ሓኪም እዮም።

—
This is the doctor.

ezi-om ha-ki-m ey-om.

Tigrinya

እቶም ነርሲ ኣብዚ ዘለዉ
ንክሕግዎም እዮም።

—
The nurse is here to help you.

e-to-m ner-si ab-zi ze-lew ni-ki-h-giz-uhum ey-om.

Tigrinya

እቶም ሓኪም ኣብዚ ዘለዉ
ንክሕግዎም እዮም።

—
The doctor is here to help you.

e-to-m ha-ki-m ab-zi ze-le-wu
ne-ke-he-ge-ze-khu-m ey-om.

Tigrinya

እቶም ሓኪም
ንክምርምሩኹም ይደልዩ።

The doctor would like to examine you.

et-om ha-ki-m ne-ke-mer-me-ru-khu-m ye-de-lyu.

Tigrinya

በጃኹም፣ አፍኩም ክፈቱ።

Open your mouth, please.

be-ja-khu-m, af-ku-m ke-fe-tu.

Tigrinya

ናብ ውሽጢን ደገን ይተንፍሱ።

Breathe in and out.

na-b we-sh-ti-n de-ge-n ye-ten-fe-su.

Tigrinya

አበይ ይሕመኩም አሎ?
አበይ እዩ እቲ ቃንዛ ዘሎ?

Where does it hurt?
Where is the pain?

ab-ey ye-he-me-ku-m al-o?
ab-ey e-yu e-ti qan-za ze-lo?

Tigrinya



ኣበይ እዩ ዘሕክኽ
ነገር ዝስመዐኩም?

Does it feel itchy?

Ab-ey e-yu ze-he-ke-khe ne-ger ze-se-me-kum?

Tigrinya

ሕማም ርእሲ ዶ ኣለኩም?

Do you have a headache?

He-mam re-si doe ale-ku-m?

Tigrinya

ቃንዛ ከብዲ ዶ ኣለኩም?

Do you have stomach pain?

Qan-za keb-di doe ale-kum?

Tigrinya

ፅሩውሩው የብለኩም ድዩ?

Do you feel dizzy?

Tsi-ruw-ruw ye-be-le-ku-m de-yu?

Tigrinya



ምትንፋስ ይኽእሉ ዶ?

Can you breathe?

Me-ten-fas ye-khe-lu doe?

Tigrinya

ተምላስ ኣለኩም ዶ?

Have you vomited?

Tem-las ale-kum doe?

Tigrinya

ሕማም ይሰመዐኩም ዶ?

Do you feel sick?

Hemam yesemeakum doe?

Tigrinya

ከምልሰኩም የብል ኣሎ ዶ?

Do you feel like
you need to vomit?

Kem-le-se-kum ye-bel alo doe?

Tigrinya



ዝባንኩም ይሕመኩም ዶ ኣሎ?

Does your back hurt?

ze-ban-ku-m ye-he-me-kum doe alo?

Tigrinya

ምሕኩልቲኹም
ይሕመኩም ዶ ኣሎ?

Does your hip hurt?

meh-kul-ti-kh-um ye-he-me-kum doe alo?

Tigrinya

ምቐት ኣይስመዐኩምን ዶ ኣሎ?

Are you uncomfortable?

me-cho-t ay-se-me-aku-men doe alo?

Tigrinya



በጃኹም፣ ኮፍ ምባል ይኸእሉ ዶ?

Can you sit down, please?

be-ja-khu-m, kof me-bal ye-khe-lu doe?

Tigrinya

ድርቀት ዶ አለኩም?

Are you constipated?

der-ket doe ale-kum?

Tigrinya

ረስኒ ዶ አለኩም?

Are you hot?

res-ni doe ale-kum?

Tigrinya

ዛሕሊ ዶ አለኩም?

Are you cold?

zah-li doe ale-kum?

Tigrinya



Tigrinya/English Bilingual Phrase Cards

ሰኞ

Monday

se-nu-y

Tigrinya

ሰሉስ

Tuesday

se-lu-s

Tigrinya

ረቡዕ

Wednesday

re-boo-e

Tigrinya

ሐሙስ

Thursday

ha-moo-s

Tigrinya



ዓርቢ

Friday

ar-bi

Tigrinya

ቐዳም

Saturday

qe-dam

Tigrinya

ሰንበት

Sunday

sen-bet

Tigrinya

ጥሪ

January

te-ri

Tigrinya



ለካቲት

February

le-ka-ti-t

Tigrinya

መጋቢት

March

me-ga-bi-t

Tigrinya

ሚያዚያ

April

mi-az-ia

Tigrinya

ጉንቦት

May

goo-n-bet

Tigrinya

ሰኔ

June

se-ne

Tigrinya

ከምለ

July

ham-le

Tigrinya

ነሐሴ

August

ne-ha-se

Tigrinya

መስከረም

September

me-se-ke-re-m

Tigrinya



ጥቅምቲ

October

te-qem-ti

Tigrinya

ከዳር

November

he-dar

Tigrinya

ታሕሳስ

December

tah-sas

Tigrinya

ዓመት

Year

am-et

Tigrinya



ፍዮሪታት ይፈትዉ ድዮም?

Do you like flowers?

fe-yo-ri-tat ye-fet-wu de-yom?

Tigrinya

ፍረምረ ይፈትዉ ድዮም?

Do you like fruit?

fe-re-me-re ye-fet-wu de-yom?

Tigrinya

ቪዲዮታት ምርኣይ
ይፈትዉ ድዮም?

Do you like watching videos?

vid-eo-tat me-ra-ye ye-fet-wu de-yom?

Tigrinya

ሕጂ እንታይ ምግባር ምደለኹም?

What would you like to do now?

he-ji en-tay meg-bar me-de-le-khum?

Tigrinya



እንታይ መፅሓፋት
ኢኹም ተንብቡ?

What books do you read?

en-tay me-ts-ha-fat ikh-um ten-be-bu?

Tigrinya

ከመይ ደስ በሃሊ እዩ!

How adorable!

kem-ey des be-ha-li e-yu!

Tigrinya

ኣብ ክፍሊኹም ዛሕሊ ኣሎ ዶ?

Is it cold in your room?

ab ke-fli-khu-m zah-li alo doe?

Tigrinya

ስድራቤትኩም ንክውከስ
ዶ ትደልዩ?

Do you want me to contact
your family?

sed-ra-biet-kum ne-ken-we-kes doe tid-el-yu?

Tigrinya



ፅሩይ ክዳን ትደልዩ ዶ?

Do you need fresh clothes?

tse-ruy ke-dan ti-de-lyu doe?

Tigrinya

ብዘይ ቃንዛ ምንቅስቃስ
ትኽእሉ ዶ?

Can you exercise without pain?

be-zey qan-za men-ke-se-kas tekhe-el-lyu doe?

Tigrinya

መዓዝ ኢኹም ንስድራቤትኩም
ምርዕይ እትደልዩ?

When do you want to see your family?

me-az ikh-um ne-sed-ra-biet-kum me-ray ete-de-lyu?

Tigrinya

ነቶም ሓኪም ምርኣይ ትደልዩ?

Do you want to see the doctor?

ne-tom ha-kim me-ray ted-el-lyu?

Tigrinya



ነቶም መፀበቂ ጨጉሪ
ምርኣይ ትደልዩ?

Do you want to see the hairdresser?

ne-tom me-tse-beki che-gu-ri me-ray ti-del-yu?

Tigrinya

ነቶም ሓኪም እግሪ
ምርኣይ ትደልዩ?

Do you want to see the podiatrist?

ne-tom ha-kim eg-ri ted-elyu?

Tigrinya

ናብ ንጥፈታትና
ምፅምባር ትደልዩ?

Do you want to join our activity?

ab net-fet-at-na me-tsem-bar te-de-lyu?

Tigrinya

ናብቲ ክፍሊ መብልዒ
ድራር ምምፃእ ትደልዩ?

Do you want to come
to the dining room?

nab-ti ke-fli meb-le-i de-rar mem-tsa-e te-de-lyu?

Tigrinya



ኣብ ክፍሊኹም ምብላዕ ትደልዩ?

Do you want to eat in your room?

ab ke-fli-khu-m me-b-lae ti-del-yu?

Tigrinya

ሻወር ብንግሆ እዩ።

The shower is in the morning.

sha-we-r be-ne-go-ho e-yu.

Tigrinya