

Communication Cards

English / Tigrinya

Version 2023 12up



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እዚ ሓበሬታ ኣብ 2023 ብማእከል ባህላዊ ፍልልያት ኣብ ዕቤት ዝተዳለወ እዩ።

እዚ ሕትመት ብመንግስቲ ኣውስትራልያ ክፍሊ ጥዕናን ክንክን ኣረጋውያንን ዝተመወለ እዩ።

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Breakfast



ቐርሲ

kursi

Breakfast



ቐርሲ

kursi

Breakfast



ቐርሲ

kursi

Lunch



ምሳሕ

misah

Lunch



ምሳሕ

misah

Dinner



ድራር

dirar

Dinner



ድራር

dirar

Fish



ዓሳ

asa

Chicken



ደርሆ

derho

Beef



ስጋ ብዕራይ

siga bi'irayi

Lamb



ገንሽል

genshel

Pork



ሓሽማ

hashema

Water



ማይ

mayi

Juice



ጹሚቕ

tsumaq

Tea



ሻሂ

shahi

Sugar



ሻከር

shikor

Milk



ጸባ

tseba

Coffee



ቡን

bun

Beer



ቢራ

bira

Wine



ወይን

woyni

Vegetarian



ቪጀቴሪያን

vejeteriyani

Kosher



ኮሻር

kosher

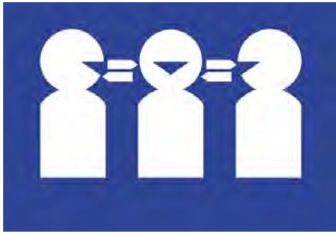
Halal



ሐላል

halal

Interpreter



ተራጉማን
teruguman

Family



ስድራቤት
sidrabet

Priest



ቐሺ
keshi

Rabbi



ራባይ (ካህን ኣይሁድ)
rabai

Imam



ኢማም
imam

Priest



ቐሺ
keshi

Nurse



ነርስ
nurse

Doctor



ዶክተር
doctor

Monk



ፈላሲ
felasi

Physiotherapist



ክኢላ ኣካላዊ ሕክምና
(ፒዝዮቴራፒስት)
kila akalawi hikimna

Massage



ምድራዝ
midraz

Podiatrist



ክኢላ ከንክን እግሪ
kila kinkin egri

Shower



ምሕጻብ ነብሲ
mihtsab nebsi

Toilet



ዓይኒ-ምድሪ
ayni midri

Wash Hands



ኢድካ ተሓጽብ
idka tehatseb

Clean Teeth



አስናኝካ ተሓጽብ
asnanka tehatseb

Clean Room



ክፍልኻ አጽሪ
kiflka atsri

Get Up



ሓፍ በሉ
haf belu

Get Dressed



ክዳንካ ተኸደን
kidanka tehden

Get Dressed



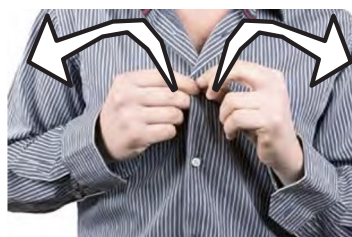
ክዳንካ ተኸደን
kidanka tehden

Get Undressed



ክዳንካ አዉጽእ
kidanka awtsi

Get Undressed



ክዳንካ አዉጽእ
kidanka awtsi

Rest



የዕርፍ

yeerif

Sleep



ደቕስ

deqis

Exercise



አካላዊ ምንቕስቻስ ግበር

akalawi minkiskas giber

Activities



ንጥፈታት

nitifetat

Go for a Walk



ብእግርኻ ተንቐላቐስ

bigirika tenkesakes

Go to the Garden



ናብ ስፍራ አታኽልቲ ኪድ

sifra atahilti kid

Telephone



ተሌፎን

telephone

Radio



ራዲዮ

radio

Music



ሙዚቃ

muzika

Film



ፊልም

film

TV



ተለቨጂን

television

Taxi



ታክሲ

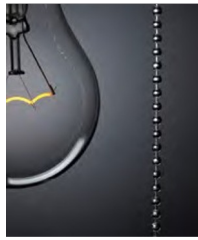
taksi

Light On



መብራህቲ በሪህ
mebrahiti berihu

Light Off



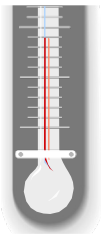
መብራህቲ ጠፊኡ
mebrahati tefiu

What Time?



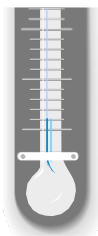
ሰዓት ክንደይ?
seat kindey?

Hot



ትኩስ
tikusi

Cold



ዝሑል
zihul

Like



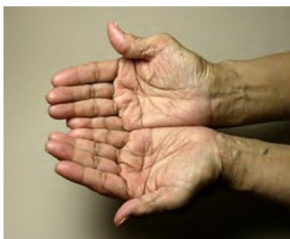
ምፍታዉ
miftaw

Dislike



ዘይምፍታዉ
zeymiftaw

Want



ድሌት
dilet

Don't Want



ዘይምድላይ
zeymidlay

Book



መጽሓፍ

metshaf

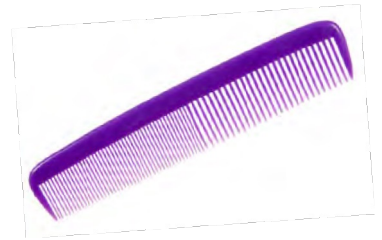
Glasses



መነጽር ዓይኒ

menetsir ayni

Comb



መመሽጥ

memshet

Watch



ሰዓት

seat

Jewellery



ስልማት

silmāt

Makeup



መቐናጃዊ

mekonajewi

Hearing Aid



ናይ መስምሒ ሓጋዚ

nay mesmi hagazi

Dentures



ሰብ ዝሰርሖ ስኒ

seb ziharso sini

Incontinence Pad



ናይ ዘይምቐጽጽ ጉዝጋዝ

nay zemqutstsar guzgaz

Tissues



መንዲል

mendil

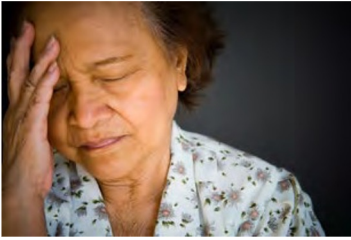
Pillow



መተርኣስ

meteras

Pain



ቋንዛ

quanza

Pain Killer



ፈወሲ ናይ ቋንዛ

fewsi nay quanza

Medication



መድሃኒት

medhanit

Walking Stick



መኸዲ በትሪ

mehdi betri

Walking Frame



ናይ መኸዲ መቻን

nay mehdi meqan

Wheeled Walker



ዓረብያ መቻን

arabia meqan

Wheelchair



ዓረብያ

arabia

Umbrella



ጽላል

tsilal

Dressing Gown



በጃ ክዳን
beja kidan

Sleepwear



ናይ ለይቲ ክዳን
nay leyti kidan

Slippers



ሸበጥ
shebet

Underwear



ትሕቲ ክዳን ዝልበሱ
tihti kidan zilbesu

Socks



ካልሲ
kalsi

Shirt



ካምቻ
kamcha

Trousers



ሰረ
sire

Skirt



ጉርዲ
gurdi

Dress



ቐምሽ
kemish

Jumper



ጃምፐር (ቱታ)
tuta

Shoes



ጫማ
chama

Coat



ኮት
kot